

A Little Bit Psycho

Count: 32

Wall: 4

Level: Improver

Choreographer: Ole Jacobson (DE) & Nina K. (DE) - January 2019

Music: Sweet but Psycho - Ava Max



Start after 32 beats on the beat

[1-8] 1/2 turn L with toe-strut, 1/2 turn R with toe-strut, sailor step R+L

- 1,2 1/2 Turn L on LF, touch RF next to LF (shoulder width) - RF set down
- 3,4 1/2 Turn R on RF, touch LF next to RF (shoulder width) - LF set down
- 5&6 Cross RF behind LF - LF small step to left - RF small step to right
- 7&8 Cross LF behind RF - RF small step to right - LF small step to left

[9-16] Back, recover, shuffle forward, 1/4 paddle turn R (2x)

- 1,2 RF step back and weight - weight recover on LF
- 3&4 RF step forward - LF to RF - RF step forward
- 5,6 LF step forward - 1/4 turn R of RF
- 7,8 LF step forward - 1/4 turn R of RF (weight on RF)

[17-24] Cross, back with 1/4 turn L, shuffle 1/2 turn L. slide, shuffle back

- 1,2 Cross LF over RF - 1/4 turn L, RF step back
- 3&4 1/4 turn L, LF Step forward - RF next to LF - 1/4 turn L, LF step forward
- 5,6 RF big step to the right - Pull LF to RF and drop LF next to RF
- 7&8 RF step back - LF to RF - RF step back

[25-32] Slide, shuffle forward, toe strut R+L

- 1,2 LF big step to the left - Pull RF to LF and drop RF next to LF
- 3&4 LF step forward - RF to LF - LF step forward
- 5,6 Tap RF forward - RF set down
- 7,8 Tap LF forward - LF set down

..und von vorn

Finish; At the end of the last wall, replace the last paddle turn (7,8) 1/4 R turn by 1/2 turn R and then step forward LF (12 o'clock)

Last Update - 27 Jan. 2019