

# Ala-Freakin-Bama

**COPPER**KNOB  
BY STEPHENETS

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Judi Bisher-Schuler (USA) - February 2019

**Music:** Ala-Freakin-Bama - Trace Adkins



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## Right and Left Stomp, Toe fans

1,2,3,4 Stomp Right foot forward, fan toes out right, left, and forward.  
5,6,7,8 Stomp Left foot forward, fan toes out left, right, and forward.

## Toe Struts forward

1,2 Step on Right toe, drop heel.  
3,4 Step on Left toe, drop heel.  
5,6 Repeat counts 1,2  
7,8 Repeat counts 3,4

## Shuffle Back, Right, Left, Right, Left

1&2 Step back Right, Left, Right  
3&4 Step back Left, Right, Left  
5&6 Step back Right, Left, Right  
7&8 Step back Left, Right, Left

## 6 Count Vine Right with Half turn Right, Stomp Right, Left

1,2,3,4 Step Right, left foot behind, step right making  $\frac{1}{4}$  turn right, step left making  $\frac{1}{4}$  turn right,  
5,6,7,8 step right behind left, step left, stomp right foot then left foot.

**Repeat.**

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