

Woman Amen

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Sophie Ruhling (FR) - February 2018

Music: Woman, Amen - Dierks Bentley



#32 Count intro - 1 RESTART - ENDING

SECT.1 : TAP R FWD, TAP R SIDE, SAILOR STEP R, TAP L FWD, TAP L SIDE, SAILOR STEP L

- 1-2 tap R fwd, tap R to R side
- 3&4 cross R behind L, step L to L side, step R to R side
- 5-6 tap L fwd, tap L to L side
- 7&8 cross L behind R, step R to R side, step L to L side

SECT.2 : TRIPLE STEP R FWD, TRIPLE STEP L FWD, HITCH R SCOOT L BACK, BACK R, HITCH L SCOOT R BACK, BACK L, STOMP R, STOMP L

- 1&2 walk R, walk L beside R, walk R
- 3&4 walk L, walk R beside L, walk L
- &5 hitch R scoot L back, back R
- &6 hitch L scoot R back, back L
- 7-8 stomp R, stomp L

*restart here wall 3 (12.00)

*ending here wall 11 (6.00): counts 7-8-1: STEP 1/2 TURN L - STEP R (walk R, 1/2 turn L with weight on L, walk R)

SECT.3 : 1/2 APPLE JACK, TRIPLE STEP R BACK, POINT L BEHIND R, 1/2 TURN L

- &1&2 swivel L toe and R heel to L side, back in place, swivel L heel and R toe to R side, back in place
- &3&4 swivel L toe and R heel to L side, back in place, swivel L heel and R toe to R side, back in place (weight on L)
- 5&6 back R, back L beside R, back R
- 7-8 point L behind R, 1/2 turn L (weight on L) (6.00)

SECT.4 : TRIPLE STEP R SIDE, ROCK STEP L BACK, TRIPLE STEP L SIDE, STOMP UP R, KICK R

- 1&2 step R to R side, step L beside R, step R to R side
- 3-4 rock step L back, recover on R
- 5&6 step L to L side, step R beside L, step L to L side
- 7-8 stomp up R, kick R fwd

Association Loi 1901 (N° W953006406)

www.countryonfire.com