## Rock Steady (Standing On A Rock)

Count: 40
Wall: 4
Level: Upper Beginner
Choreographer: Diana Bishop (AUS) - February 2019
Music: Standing On a Rock - Rodney Crowell

No Tags Or Restarts

TOE HEELS STRUTS TO R (click fingers at side on toe heels \& clap on toe tap)
1-4 Step R Toe-Heel To R Side, Step L Toe-Heel Next To R
TOE-HEEL STRUT TO R, TAP, HOLD
5-8 R Toe-Heel To R Side, Tap L Toe Next To R, Hold
TOE HEELS STRUTS TO L (click fingers at side on toe-heels \& clap on toe tap)
1-4 Step L Toe-Heel To L Side, Step R Toe-Heel Next To L
TOE-HEEL STRUT TO L, TAP, HOLD
5-8 L Toe-Heel To L Side, Tap R Toe Next To L, Hold
CHARLESTON STEP WIH HOLDS ( swing feet out to sides as you change feet)
1-4 Tap R Fwd, Hold, Step R Back, Hold,
BACK HOLD, FWD HOLD
5-8
Step L Back, Hold, Step L Fwd, Hold

STEP LOCK STEP R, HOLD
1-4 Step R At R 45deg, Step L Next To R, Step R Fwd, Hold
STEP LOCK STEP L, HOLD
5-8
Step L At L 45deg, Step R Next To L, Step L Fwd, Hold
¼ R, STEP FWD, HOLD, TAP TOG-, HOLD
1-4 Turn ¼ To R, Step R Fwd, Hold, Tap L Toe Next To R, Hold, STEP L, HOLD, TAP TOG-, HOLD
5-8 Step L To L Side, Tap R Toe Next To L Hold
RESTART DANCE
Contact: bishops@bigpond.com

