Mickey James

Count: 32

Level:

Choreographer: Big Mucci (USA) - February 2019 Music: The Mickey James - Big Mucci

[1-8] Hop Steps

- 1-4 Step Up (1,2) Step Back (3,4)
- 5-8 Syncopated Hop: Step Up &5, Step Back &6, Step Out right &7, Step Back left &8

[9-16] Heel Kicks & Step Turns

- Kick right foot up, touching weight on your heel and then replace right foot beside left. Kick 1-4 left foot up, touching weight on your heel and then replace left foot beside right foot
- 5-6 Step forward on the right foot, placing your weight on the ball of the right foot and step turn 90° left replacing weight on the left foot
- 7-8 Step forward on the right foot, placing your weight on the ball of the right foot and step turn 90° left replacing weight on the left foot

[17-24] Cha Cha pivot turns

- With your right foot, shuffle or cha cha forward Triple step 1&2 then step turn pivot right 1-4 180° 3,4
- 5-8 With your left foot, shuffle or cha cha forward - Triple step 5&6 then step turn pivot left 90° 7.8

[25-32] Rocking Cha Cha's

- 1-4 With right foot - rock forward on your right foot and, shifting weight back to your left foot, step back left
- 5-8 With left foot - rock forward on your left foot and, shifting weight back to your right foot, step back right

Repeat to completion of music

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