My Little Throwback



Count: 32 Wall: 4 Level: High Improver

Choreographer: Jeff Sollinger (DE) - March 2019

Music: Throwback - Homegrown Band : (iTunes, amazon)



Intro: Start with the Tag after 16 counts

S1: Cross, Point	, Cross Point,	Rock Step,	Shuffle ½	Turn
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1-2	Cross RF over LF, touch LF to the L
3-4	Cross LF over RF, touch RF to the R
5-6	Rock RF forward recover back LF

7&8 Make ½ turn R stepping forward RF, step LF next to RF, step forward RF

S2: Rock Step, Coaster 1/4 Turn, Step-Pivot 1/2 Turn x 2

1-2 Rock LF forward, recover back RF

3&4 Turn ¼ L and step LF back, step RF together, step LF fwd

5-6 Step RF forward, pivot ½ turn L 7-8 Step RF forward, pivot ½ turn L

(Option: Rocking Chair instead of Step-Pivot ½ Turn x 2)

Restart here in walls 2 and 10

S3: Grapevine Turn ¼, Step ½, Turn ¼, Behind, Turn ¼ (Figure 8)

1-2 Step RF to R side, cross LF behind RF

3-4 Turn ¼ R and step RF forward, step LF forward

5-6 T Turn ½ R (weight to right), turn ¼ R and step LF to side

7-8 Cross RF behind LF, turn ¼ L and step LF forward

S4: Chasse Right, Rock Recover, Turn 3/4 Right, Left Shuffle

1&2 Step RF to the R, step LF next to RF, step RF to the R,

3-4 Cross rock LF behind, RF, recover weight RF

5-6 Turn ¼ R and step LF back, turn ½ R and step RF forward

7-8 Step LF forward, step RF together, step LF forward

Tag here at the end of wall 5

TAG: During the Intro and at the end of wall 5

T1: Jazz Box with Cross, Side, Touch, Side, Touch

1-2	Cross RF over LF, step back LF
3-4	Step RF next to LF, cross LF over RF
5-6	Step RF to the R, touch LF next to RF
7-8	Step LF to the L, touch RF next to LF

T2: Chasse Right, Cross, Full Turn, Chasse Left, Rock Back

1&2 Step RF to the R, step LF next to RF, step RF to the R

3-4 Cross LF over RF, unwind full turn to the R

(Option: Cross rock LF back/recover vs cross/unwind)

5&6 Step LF to the L, step RF next to LF, step LF to the L

7-8 Cross rock RF behind, LF, recover weight LF

Ending: Step, Point

1-2 Step forward RF and point LF to the L.

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