

Easy Moments in the Mountains

COPPER KNOB
STEPPERS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Karen Tripp (CAN) & Val Saari (CAN) - April 2019

Music: Moments in the Mountains - Madison Olds : (iTunes Canada, Amazon)



No Tags Or Restarts

Wait 32 counts, start on the lyrics, "We catch our breath..."

2X (STEP, CLAP), V-STEP TO A TOUCH

- 1-2 Step RF forward, Clap
- 3-4 Step LF forward, Clap
- 5-6 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
- 7-8 Step RF back to centre, Touch LF beside R

LEFT LINDY 1/4 R, R ROCKING CHAIR (3:00)

- 1&2 Shuffle left stepping L, R, L
- 3-4 Turn ¼ right and rock back on RF recover, recover forward on LF
- 5-6 Rock RF forward, Recover to LF
- 7-8 Rock RF back, Recover to LF

SHUFFLE FORWARD, ROCK FORWARD/RECOVER, SHUFFLE BACK, ROCK BACK/ RECOVER

- 1&2 Shuffle forward stepping R, L, R
- 3-4 Rock forward on LF, recover back on RF
- 5&6 Shuffle back stepping L, R, L
- 7-8 Rock back on RF, recover forward on LF

JAZZY WEAVE

- 1-4 Cross RF over left, step back on LF, step side on RF, cross LF over RF
- 5-8 Step side on RF, cross LF behind RF, step side on RF, cross LF slightly in front of RF

Dance ends the 3rd time you are facing 9:00 at the end of 32 counts. As you are doing the final Weave, turn toward 12:00. Counts 5-8 become Side on RF, Cross LF behind, Turn ¼ R and step on RF, step LF in place.

Contact: Karen Tripp: karen@trippcentral.ca, Val Saari: valeriesaari@icloud.com