

# Anabel (Chair Dance)

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 0

**Level:** Beginner Chair dance

**Choreographer:** Rita Ensminger (USA) - April 2019

**Music:** King of the Road - The Proclaimers



**Alt. music:** Blue Hawaii by Ray Conniff

## HEEL STEPS, POINT STEPS

- 1-4 R heel forward, R step together, L heel forward, L step together  
5-8 R point side, R step together, L point side, L step together

## SHOULDER SHRUGS

- 1-4 R shoulder shrugs toward left with elbows bent  
5-8 L shoulder shrug toward right with elbows bent

## HEEL TAPS, STEP TOGETHER

- 1-4 R heel tap fwd, R heel tap fwd, R heel tap fwd, R step together  
5-8 L heel tap fwd, L heel tap fwd, L heel tap fwd, L step together

## SHOULDER FORWARD - ARMS EXTENDED w/SNAPS

- 1-8 L shoulder forward w/arms toward R with finger snaps  
5-8 R shoulder forward w/arms toward L with finger snaps

**REPEAT**

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