# For Your Sixteen

Level: Newcomer / Beginner

Choreographer: Miko Yamamoto (INA) - April 2019

Music: For Your Sixteen by Mike Lane

## Intro: 16 Count - No Tag - No Restart

## S1: LINDY RIGHT, LINDY LEFT

**Count: 32** 

- Step R to side, Step L together, Step R to side 1&2
- 3-4 Rock L back, Recover on R
- 5&6 Step L to side, Step R together, Step L to side
- 7-8 Rock R back, Recover on L

## S2: ROCKING CHAIR, SLOW FORWARD LOCK SHUFFLE, BRUSH

- 1-4 Rock R forward, Recover on L, Rock R back, Recover on L
- 5-8 Step R forward, Lock L behind R, Step R forward, Brush L forward

## S3: FORWARD, TOUCH, BACK, BACK, OUSIDE TOUCH, HOOK, OUTSIDE TOUCH, FLICK

- 1-4 Step L forward, Touch R beside L, Step R back, Step L back
- 5-8 Touch R outside R, Hook R over L, Touch R outside R, Flick

#### S4: FORWARD ROCK, RECOVER, 1/4 TURN RIGHT CHASSE WITH 1/4 TURN, FORWARD ROCK, **RECOVER, ¼ TURN LEFT CHASSE**

- 1-2 Rock R forward, Recover on L
- 3&4 Make 1/4 turn R step R to side, Step L together, Make 1/4 turn R step R forward
- 5-6 Rock L forward, Recover on R
- Make 1/4 turn L step L to side, Step R together, Step L to side 7&8

#### Have Fun !

For more information about the dance contact: febe.yamamoto@yahoo.com





Wall: 4