

# Not Afraid

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Craig Miyamoto (USA) & Mike Dey (USA) - April 2019

**Music:** One Less Day (Dying Young) - Rob Thomas : (Album: Chip Tooth Smile)



**Note:** Thanks to Pat Miyamoto for music suggestion

## [1-8] WALK, WALK, ROCK and CROSS, PRESS STEP RECOVER ¼ RIGHT SAILOR STEP

- 1,2 Step Left Forward, Step Right Forward,  
3&4 Rock side Left-Recover Right, cross Left over Right  
5,6 Step Right diagonally forward towards 1:30 and press Right into floor, Recover weight to Left  
7&8 Right Sailor Step with ¼ Turn Right [3:00]

## [1-8] SYNCOPATED CROSSING STEPS, ROLLING RIGHT VINE, LEFT CROSS STEP

- 1,2 Cross Left over Right, Recover weight to Right  
&3,4 Step Left Beside Right, Cross Right over Left, Recover weight to Left  
5,6,7,8 1/4 turn right stepping forward on right, 1/2 turn right stepping back on left, 1/4 right stepping side on right, cross left over right [3:00]

## [1-8] RIGHT SIDE ROCK-RECOVER, RIGHT COASTER STEP, PIVOT 1/2 TURN RIGHT X2 1-2 Right Side Rock Recover

- 3&4 Right Coaster Step (Right Back, Together Left, Step Forward with Right)  
5-6 Step Forward Left, Turn ½ Right (Take weight on Right)  
7-8 Step Forward Left, Turn ½ Right (Take weight on Right)

## [1-8] LINDY LEFT, STEP RIGHT ¼ RIGHT, ¾ VOLTA STEPS

- 1&2 Chasse Left Right Left  
3,4 Rock Right behind Left, Recover Left  
5, Step Right ¼ turn to Right  
a-6, a-7, a-8 ¾ Volta Step (Volta Pattern is Turning ¾ clockwise-Right: Stepping Left on the 'a' count and Right ¼ turn on the numbered counts, Left-Right ¼, Left-Right ¼, Left-Right ¼ )

## REPEAT

**RESTARTS:** There are two Restarts.

The First is on Wall 5. After the first 8 counts Restart the dance facing 3:00.

The second Restart is on Wall 7. After the first 8 counts Restart the dance facing 9:00.