Seize Onto Happiness

Level: Beginner

Choreographer: Virginia W. F. Tsui (CAN) - January 2019 Music: 开开心心每一天 - 囚鳥

#32 count intro

Count: 32

SIDE, BEHIND, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1 2 Step left to side, cross right behind left
- 3 4 Step left to side, touch right next to left
- 5 6 Step right to side, touch left next to right
- 7 8 Step left to side, touch right next to left

SIDE, BEHIND, SIDE, TOUCH, FWD ROCK ¼TURN LEFT, BACK ROCK

- 1 2 Step right to side, cross left behind right
- 3 4 Step right to side, touch left next to right
- 5 6 Step forward on left, recover onto right
- 7 8 ¹/₄ turn left, step back on left, recover onto right (9:00)

FWD, FWD, FWD, KICK (CLAP), BACK, BACK, BACK, TOUCH (CLAP)

- 1234 Walk forward LRL, kick right forward & clap hands
- 5678 Step back RLR, touch left next to right & clap hands

MONTEREY ¼ TURN LEFT, SIDE TOUCH, TOGETHER, JAZZ BOX

- 1 2 Touch left to the side, ¼ turn left& step left next to right
- 3 4 Touch right to side, step right next to left
- 5 6 Step left forward, cross right over left
- 7 8 Step back on left, step right next to left (6:00)

Tag: After wall 3 & wall 9 add 4 counts claps

Enjoy!





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Wall: 2