

# If I Had Any Pride Left At All

**COPPER** KNOB  
STEPPERS

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Marja Urgert (NL) & Jan Van Tiggelen (NL) - June 2019

Music: If I Had Any Pride Left At All - John Berry



## Intro: 16 Counts

### Sec 1: Side, Behind Cross Rock, Recover, Side, Behind, Side, Cross with a sweep, Cross, 1/4 Turn L, Back Rock, Recover, 1/2 Turn R, Side

- 1-2&3 RF. Big step to R side - LF. Cross rock behind RF - RF. Recover - LF. Step to L side  
4&5 RF. Cross behind LF - LF. Step to L side - RF. Cross over LF and sweep LF from back to front  
6&7 LF. Cross over RF - RF. 1/4 Turn L step back - LF. Rock back (9:00)  
8&1 RF. Recover - LF. 1/2 Turn R step back - RF. Step to R side (3:00)

### Sec 2: Together, Step fwd, Side, Together, Step Back, Step Side Sway Hips R, L R, L, Together, Side

- 2&3 LF. Step beside RF - RF. Step fwd - LF. Step to L side  
4& RF. Step beside LF - LF. Step back  
5-6-7-8 RF. step to R side sway hips to R - Sway hips to L - Sway hips to R - Sway hips to L  
&1 RF. Step beside LF - LF. Step to L side \*\*Tag\*\*

### Sec 3: Back Rock, Recover, 1/4 Turn L step Back and sweep, Step L Back and sweep, Step R Back and sweep, Coaster Step bwd, Coaster Step fwd

- 2&3 RF. Rock back - LF. Recover - RF. 1/4 Turn L step back and sweep LF from front to back (12:00)  
4-5 LF. Step back and sweep RF from front to back - RF. Step back and sweep LF from front to back  
6&7 LF. Step back - RF. Step beside LF - LF. Step fwd  
8&1 RF. Step fwd - LF. Step beside RF - RF. Step back

### Sec 4: Touch Behind, Unwind, Step-Lock-Step, Step fwd, 1/4 Turn R, Cross, Side, Behind

- 2-3 LF. Touch toe back - 1/2 Turn L (weight on LF) (6:00)  
4&5 RF. Step fwd - LF. Lock behind RF - RF. Step fwd  
6&7 LF. Step fwd - 1/4 Turn R - LF. Cross over RF (9:00)  
8& RF. Step to R side - LF. Cross behind RF

## Start Again

### Tag: In the 5th wall after count 16 (3:00)

- 2-3-4& RF. Rock back - LF. Recover - RF. Rock fwd - LF. Recover

### Ending: You ending at 12 o'clock, then do

- 2 RF. Cross over LF and POSE

Contact: [marja42@kpnmail.nl](mailto:marja42@kpnmail.nl) / [co4ol72@kpnmail.nl](mailto:co4ol72@kpnmail.nl)