

# Fired Up (Chair dance)

**COPPER** KNOB  
STEPSHEETS

**Count:** 48

**Wall:** 0

**Level:** Advanced Chair dance

**Choreographer:** Rita Ensminger (USA) - June 2019

**Music:** Alberta - Eric Clapton



**Alt.: Green Door by Shakin' Stevens**

**TOUCH FWD, BCK, FWD, BCK, OUT, IN, OUT, STEP TOGETHER**

1-4 R touch fwd, touch back, touch fwd, touch back

5-8 R touch side, touch together, touch side, step together

**TOUCH FWD, BCK, FWD, BCK, OUT, IN, OUT, STEP TOGETHER**

1-4 L touch fwd, touch back, touch fwd, touch back

5-8 L touch side, touch together, touch side, step together

**PALMS DOWN, PALMS UP, CROSS, CROSS, THIGH, THIGH**

1-4 R palm down, L palm down, R palm up, L palm up

5-8 Cross with R, cross with L, R hand on thigh, L hand on thigh

**TOE, HEELS, TOUCH SIDE-TOGETHER-SIDE, STEP TOGETHER**

1-4 R toe, heel, L toe, heel

5-8 R touch side, touch together, touch side, step together

**TOE, HEELS, TOUCH SIDE-TOGETHER-SIDE, STEP TOGETHER**

1-4 L toe, heel, R toe, heel

5-8 L touch side, touch together, touch side, step together

**HEEL, HITCH, STOMP, STOMP**

1-4 R heel forward, knee up, stomp, stomp

5-8 L heel forward, knee up, stomp, stomp

**REPEAT**

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