Get A Moment

Count: 32

Level: Intermediate

Choreographer: Rhoda Lai (CAN) & Cody Flowers (USA) - May 2019

Music: Can I Get a Moment? - Jessica Mauboy : (3:25)

Intro: 20 counts after the first beat (approx. 15 sec)	
[1-8] Step-½ Pivot, Bump Strut, ½ Traveling Hip Bumps, ½ Fwd Rock-Recover	
12	Step LF forward, Pivot ½ Turn Right putting weight on RF (6:00)
3 4	Step ball of LF forward bumping hips forward, Step down on LF forward (6:00)
5&6	¹ ⁄ ₄ Turn Left stepping ball of RF to right side bumping hips right, Bump hips left, ¹ ⁄ ₄ Turn left stepping back on RF (12:00)
78	¹ / ₂ Turn Left rocking forward on LF, Recover weight on RF (6:00)
[9-16] Back Rock-Recover, ¼ Scissor Step, Hinge ½ Turn, Triple Forward	
12	Step LF back rocking back, Recover weight on RF (6:00)
3&4	1/4 Turn Right stepping LF to left side, Step RF beside LF, Cross LF over RF (9:00)
56	1/4 Turn Left stepping back on RF, 1/4 Turn Left stepping LF to left side (3:00)
7&8	Step RF forward, Step LF beside RF, Step RF forward (3:00)
Restarts Here on Wall 3 facing 9:00, Wall 6 facing 6:00, and Wall 9 facing 3:00.	
[17-24] Kick-&-Touch, Hitch-Back-Touch, ¼ Sailor Step, Behind-Side-Cross	
1&2	Kick LF forward, Step LF beside RF, Touch RF to right side (3:00)
&34	Hitch Right Knee, Step RF behind LF, Touch LF to left side (3:00)
5&6	¼ Turn Left stepping back on LF, Step RF to right side, Step LF to left side (12:00)
7&8	Step RF behind LF, Step LF to left Side, Cross RF over LF (12:00)
[25-32] Side Rock-Recover, ¼, Fwd Rock-Recover, Diagonal Back Touches x2, Coaster Step	
12	Rock LF to left side, Recover weight on RF (12:00)
&34	¼ Turn Left stepping LF beside RF, Rock forward on RF, Recover weight on LF (9:00)
5&6&	Step RF back and slight to right side, Touch LF beside RF, Step LF back and slight to left side, Touch RF beside LF (9:00)
7&8	Step back on RF, Step LF beside RF, Step forward on RF (9:00)
Begin the Dance Again and Enjoy!!	

Contact Cody: dancewithcody@gmail.com - 1(561) 755-2711 | codytflowers.weebly.com Contact Rhoda: rhoda_eddie@yahoo.ca - 1(647) 295-3833 | www.laidance.net

Last Update - 25 June 2019





Wall: 4