

Calma y Lento

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Gregory Danvoie (BEL) - June 2019

Music: Calma (Remix) - Pedro Capó & Farruko



S1- Side, together, side, together X2

1-2 RF step to the side, LF together
3-4 RF step to the side, LF together
5-6 LF step to the side, RF together
7-8 LF step to the side, RF together

S2- K step

1-2 RF step fwd in diagonal R, touch LF next to RF
3-4 LF step back in diagonal L, touch RF next to LF
5-6 RF step back in diagonal R, touch LF next to RF
7-8 LF step fwd in diagonal L, touch RF next to LF

S3- Jazz box with 1/8 turn X2

1-2-3-4 Jazz box with 1/8 turn to the R
5-6-7-8 Jazz box with 1/8 turn to the R

S4- Step fwd X3, kick, step back x3, touch

1-2 RF step fwd, LF step fwd
3-4 RF step fwd, LF kick fwd
5-6 LF step back, RF step back
7-8 LF step back, RF touch next to LF
