

La Bamba

Count: 56

Wall: 4

Level: Beginner

Choreographer: Marchy Susilani (HK) - July 2019

Music: La Bamba - Los Lobos



Intro : 8 Counts

Sec 1 : Forward lookstep hold (R, L)

- 1-4 Step forward on R step L behind R step forward on R, hold
5-8 Step forward on L, step R behind L, step forward on L, hold

Sec 2 : Forward, pivot $\frac{1}{2}$ L, forward pivot $\frac{1}{2}$ L

- 1-4 Step forward on R pivot $\frac{1}{2}$ left, step forward on R, hold
5-8 Step forward on L pivot $\frac{1}{2}$ right, step forward on L, hold

Sec 3 : Rock forward back (Mambo), rock back, forward

- 1-4 Rock forward on R, recover on L, step back on R, hold
5-8 Rock back on L, recover on R, step forward on L, hold

Sec 4 : Scissor step

- 1-4 Step R to right side, step L next to R, cross R over L, hold
5-8 Step L to left side, step R next to L, cross L over R, hold

Sec 5 : Vine right, side rock, cross

- 1-4 Step R to right side, step L behind R, step R to side, cross L over R
5-8 Rock side on R, recover on L, cross R over L, hold

Sec 6 : Side rock forward $\frac{1}{4}$ right hold, forward, lock, hold

- 1-4 Rock side on L, recover on R, step forward on L $\frac{1}{4}$ right, hold
5-8 Step forward on R, step L behind R, step forward on R, hold

Sec 7 : Rock side, close L, R

- 1-4 Rock side on L, recover on R, step L next to R, hold
5-8 Rock side on R, recover on L, touch R next to L, hold

Restart W5 (16 C) (12:00)

Have fun.
