

# 24 Seven - Easy (da)

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wall: 4

Level: Beginner

Choreographer: Lene Mainz Pedersen (DK) - July 2019

Music: 24/7 - Scarlet Pleasure : (iTunes)



**Intro: 16 Counts from heavy beat, start on lyrics**

**NO TAGS AND NO RESTARTS**

## **[Sec. 1] LOCK STEP R, SCUFF, LOCK STEP L, SCUFF**

- 1 - 4 Step fw on R, Lock L Behind R, Step fw on R, Scuff L
- 5 - 8 Step fw on L, Lock R Behind L, Step fw on L, Scuff R

## **[Sec. 2] K-STEP**

- 1 - 4 Step R to R diagonal, Touch L beside R, Step L back to L diagonal, Touch R beside L
- 5 - 8 Step R back to R diagonal, Touch L beside R, Step L fw to L diagonal, Touch R beside L

## **[Sec. 3] ROCK R, L, R, L, VINE R, SCUFF**

- 1 - 4 Rock R, Rock L, Rock R, Rock L ( Bounce )
- 5 - 8 Step R to R side, Cross L behind R, Step R to R side, Scuff L

## **[Sec. 4] VINE 1/4 L, TURN 1/4 HITCH, ROCK R, L, R, L**

- 1 - 4 Step L to L side, Cross R behind L, Turn 1/4 L step L fw, Hitch R knee while turning 1/4 L (6:00)
- 5 - 8 Rock R, Rock L, Rock R, Rock L ( Bounce )

## **[Sec. 5] CHASSE R, BACK ROCK, KICK BALL CHANGE X2**

- 1 & 2 Step R to R side, Step L beside R, Step R to R side
- 3 - 4 Rock back on L, Recover on R
- 5 & 6 Kick L to L diagonal, Step L down, Step small step fw on R
- 7 & 8 Kick L to L diagonal, Step L down, Step small step fw on R

## **[Sec. 6] CHASSE L, BACK ROCK, KICK BALL CHANGE X2**

- 1 & 2 Step L to L side, Step R beside L, Step L to L side
- 3 - 4 Rock back on R, Recover on L
- 5 & 6 Kick R to R diagonal, Step R down, Step small step fw on L
- 7 & 8 Kick R to R diagonal, Step R down, Step small step fw on L

## **[Sec. 7] VINE R, POINT L, TURN 1/4 L, TURN 1/2 L, CHASSE 1/4 L**

- 1 - 4 Step R to R, Cross L behind R, Step R to R side, Point L to L
- 5 - 6 Turn 1/4 L step L fw, Turn 1/2 L stepping back on R (9:00)
- 7 & 8 Turn 1/4 L step L to L side, Step R beside L, Step L to L side (6:00)

## **[Sec. 8] JAZZ BOX, CROSS, 1/4 MONTEREY R**

- 1 - 4 Cross R in front of L, Step back on L, Step R to R side, Cross L in front of R \*\*
- 5 - 8 Point R to R side, Turn 1/4 R while stepping R beside L, Point L to L side, Step L beside R (9:00)

**Begin Again and enjoy the music <3**

**\*\* ENDING: Last Wall – after Count 4 in Sec. 8 – make a 1/2 Monterey R to face (12:00)**

Contact: [lene.m@privat.dk](mailto:lene.m@privat.dk)

