Badminton

Count: 48

Level: Phrased Beginner

Choreographer: Arra (INA) - September 2019

Music: Badminton By : Lagu sunda - Badminton

Description : A - B - TAG - A - B - TAG - A-A-B - TAG - A-B - TAG - A-A-A-A

Start : On Lyric

PART A

A. 1 : Side – Together – Chasse R – Cros Rock – Chasse L

- 1-2 Step R To Side, Close L to R
- 3&4 Step R To Side, Together L, Step R To Side
- 5 6 : Cross L over R, Recovery to R
- 7&8 Step L to side, together R, Step L to side.

A. 2 : Forward - Touch - Pivot 1/2 L Shuffle

- 1-2 Step R Forward, Touch L to side
- 3-4 Step L Forward, Touch R to side
- 5-6 Step R Forward, 1/2 Turn L Weight into L
- 7&8 Step L Forward, Step R Behind L, Step L Forward

A. 3 : Side – Together – Chasse L – Cross Rock – Chasse R

- 1-2 Step L to side, Close R to L
- 3&4 Step L to side, Close R, Step L to side
- 5-6 Cross R over L, Recovery to L
- 7&8 Step R to side, Close L, Step R to side

A. 4 : Forward Touch - Pivot - 1/2 R - Shuffle

- 1-2 Step L forward, Touch R to side
- 3-4 Step R forward, Touch L to side
- 5-6 Step L forward, ¹/₂ turn R weigh in to R
- 7&8 Step R forward, Step L behind R, Step R foward

PART B

B. 1 : Syncopated – Cross Rock R - L

- 1&2&3&4 Cross R over L, Recovery to L, Step R to side, Recovery to L, Cross R over L, Recovery to L, Step R to side.
- 5&6&7&8 Cross L over R, Recovery to R, Step L to side, Recovery to R, Cross L over R, Recovery to R, Step L to side.

B. 2 : Forward & Back Mambo – Side Mambo R - L

- 1&2 Step R forward, Recovery to L, Step R to back
- 3&4 Step L to Back, Recovery to R, Step L foward
- 5&6 Step R to side, Recovery to L, Close R beside L
- 7&8 Step L to side, Recovery to R, Close L beside R

> TAG : JAZZ BOX (4 count)

1-2-3-4 Step R over L, Step L Back, Step R to Rigt, Step L beside R

Thank You - Enjoy Your Dance

Last Update - 22 Sept. 2019





Wall: 1