Count: 112
Wall: 1
Level: Phrased High Intermediate
Choreographer: Sabine Stalder \& Alice Berini (CH) - September 2019
Music: The St. Louis Blues - Hugh Laurie : (iTunes)

Sequence: ABABBA, -- A: 64 counts, B: 48 counts<br>Count In: 8 counts from where you here the drumsticks. Then start your intro

INTRO: 24 counts

## i1: Claps \& Snap

1 \& $2 \quad$ Touch $L$ forward with a bend knee, clap $L$ hip with $R$ hand, clap $L$ hip with $L$ hand, clap $L$ hip with $R$ hand 12:00
$3 \& 4 \quad$ Clap your hands together twice, snap your fingers 12:00
5-8 Repeat the 4 counts from above 12:00
i2: Touch R Side, Hold, Together, Touch Back, Hold

| 1-4 | Touch $R$ to right side, hold for 3 counts 12:00 |
| :--- | :--- |
| $\& 5-8$ | Step $R$ beside $L$, touch $L$ back, hold for 3 counts (as you touch back, bend $R$ knee and lean |
| forward with upper body, arms straight down on your sides) 12:00 |  |

## i3: Step L Beside R, Touch R, Hold, Full Monterey Turn, Touch L

\& 1-4 Step $L$ beside $R$, touch $R$ to right side, hold, full monterey turn, touch $L$ to left side 12:00
5-8 Press L forward, hold for 3 counts, arms come up and in front, face your palms, let arms down slowly to your sides 12:00

## PART A: 64 COUNTS

A1: Forward, Hold, Side, Back, Lock, Flick, Touch And Hook 2x<br>1-2 Step L forward, hold 12:00<br>3-4 Step $R$ to right side, step $L$ beside $R$ 12:00<br>\& 5-6 Step $R$ back, lock $L$ in front of $R$, flick $R$ back 12:00<br>7 \& 8 \& $\quad$ Touch $R$ forward, hook $R$ over left shin, touch $R$ forward, hook $R$ over $L$ shin 12:00

A2: Turning Weave In A Circle, Weave To Left
1-2 Step R $1 / 4$ turn right and in front of $L$, hold 03:00
3-4 Step L $1 / 2$ turn right to side, hold 09:00
5-6 Step R1/4 turn right and behind of $L$, hold 12:00
\& 7 \& 8 Step $L$ beside $R$, cross $R$ over $L$, step $L$ to left side, cross $R$ behind $L$ 12:00

## A3: Hitch And Step Behind x2, Sweep And Get Down, Sweep And Get Up

1-2 Hitch $L$, step L behind R 12:00
3-4 Hitch $R$, step $R$ behind $L$ 12:00
5-6 Sweep L from front to back as you bend your knee and go down, twist upper body to right 12:00
7-8 Sweep L from back to front as you stand up straight, twist upper body to left 12:00
A4: Spiral Turn, Kick \& Hook, Cross, Lounge
1-2 Step $L$ in front of $R$, spiral turn right (weight on $L$ ) 12:00
\& $3 \quad$ Kick $R$ forward, hook $R$ over $L$ shin 12:00
\& $4 \quad$ Step $R$ beside $L$, cross $L$ over R 12:00
5-8 Bend $L$ knee and go down, as $R$ toe slides further away (2 counts) come back up and straighten your knee, as your R toe slides towards L (2 counts) 12:00

A5: Cross, hold x 2 , Cross walks $\mathrm{x} 2,1 / 2$ turn right, $1 / 2$ turn left

1-2 Cross R over L, hold 12:00
3-4 Cross L over R, hold 12:00
5-6 Cross R over L, cross L over R 12:00
7-8 Turn $1 / 2$ turn right (weight ends R), turn $1 / 2$ turn left (weight ends R) 12:00
A6: Coaster Step, Kick, Hook, Kick Flick
1-4 Step $L$ back, hold, step $R$ beside $L$, step $L$ forward 12:00
5 \& $6 \quad$ Kick $R$ forward, hook $R$ over $L$ shin, kick $R$ forward 12:00
7 \& $8 \quad$ Hold, flick $R$ back, kick $R$ forward 12:00

A7: Step $1 / 4$ Turn, Hold, Side, Together, Back, Flick, Step $1 / 2$ Turn, $1 / 4$ Turn Sweep
\& 1-2 Step R beside L, $1 / 4$ turn left step $L$ forward, hold 09:00
3-4 Step $R$ to right side, step $L$ beside R 09:00
\& 5-6 Step $R$ back, lock $L$ over $R$, flick $R$ back 09:00
7 \& $8 \quad$ Step $R$ forward, $1 / 2$ turn left (weight on $L$ ) $1 / 4$ turn left sweeping $R$ from back to front 12:00
A8: Lounge, Cross, Back, Side, Together
\& 1-4 Cross $R$ over $L$, bend right knee and go down as your $L$ toe slides further away, slowly come back up as $L$ toe slides towards $R$ 12:00
5-6 Cross L over F, step R back 12:00
7-8 Step $L$ to left side, step $R$ beside $L$ 12:00
PART B: 48 COUNTS
B1: Walk x2, $1 / 2$ Turn Coaster Step, $1 / 2$ Turn, Step Back With Sweep 2x, Coaster Step
1-2 Walk R, walk L 12:00
\& 3-4 $1 / 2$ turn left step back on $R$, step $L$ beside $R$, step $R$ forward 06:00
\& 5-6 $\quad 1 / 2$ turn right on ball of $R$, step back on $L$ and sweep $R$ from front to back, step back $R$ and sweep $L$ from front to back 12:00
7 \& $8 \quad$ Step L back, step R beside L, step L forward 12:00
B2: Step Touch 2x, Syncopated Step Touches 3x, Knee Pop
1-2 Step $R$ to right side, cross touch $L$ over R 12:00
3-4 Step $L$ to left side, cross touch $R$ over $L$ 12:00
\& 5 \& $6 \quad$ Step $R$ to right side, cross touch $L$ over $R$, step $L$ to left side, cross touch $R$ over $L$ 12:00
\& 7 \& $8 \quad$ Step $R$ to right side, cross touch $L$ over $R$, pop knees forward, straighten knees 12:00
B3: Toe Strut, Crossing Toe Strut, Walks x4 In Circle
1-2 Step $R$ toe to right side, drop $R$ heel to floor 12:00
3-4 Cross $L$ toe over $R$, drop $L$ heel to floor 12:00
5-8 $1 / 4$ turn step R forward, $1 / 4$ turn step $L$ forward, $1 / 4$ turn step $R$ forward, $1 / 4$ turn step $L$ forward 12:00

B4: Rock Step, $3 / 4$ Turn With Sweep, Syncopated Weave, Rock Step
$\begin{array}{ll}1-2 & \begin{array}{l}\text { Rock back } R \text { and open upper body } 1 / 4 \text { to right, recover } L \text { bring upper body back to center } \\ 12: 00\end{array} \\ 3-4 & 3 / 4 \text { turn left on ball of } L \text { sweeping } R \text { from back to front 03:00 } \\ 5 \& 6 \& 7 & \text { Cross } R \text { over } L \text {, step } L \text { to left side, cross } R \text { behind } L \text {, step } L \text { to left side, cross } R \text { over } L \text { 03:00 } \\ \& 8 & \text { Rock } L \text { to left side, recover } R \text { 03:00 }\end{array}$

B5: $3 / 4$ Turn, Touch, Out, Out, In, Cross, Side, Behind
1-2 Cross $L$ over R, $1 / 4$ turn left step back on R 12:00
3-4 $\quad 1 / 2$ turn left step forward on $L$, touch $R$ beside $L$ 06:00
\& $5 \quad$ Step $R$ forward and to side, step $L$ forward and to side 06:00
\& 6 Step $R$ back to center, cross L over R 06:00
7-8 Step $R$ to right side, touch $L$ behind $R$ 06:00

B6: Unwind $1 / 2$ turn, Triple Turns $2 x$, Heel Jack
1-2 Slowly unwind a $1 / 2$ turn to left (weight ends on $L$ ) 12:00
3 \& $4 \quad 1 / 2$ triple turn left stepping $R, L, R$ 06:00
5 \& $6 \quad 1 / 2$ triple turn left stepping $L, R, L$ 12:00
\& 7 \& 8 Step $R$ back, touch $L$ heel diagonally forward, step $L$ in place, step $R$ beside $L$
(on count 8 you doing a step when part $A$ is coming up and you touch when you're doing Part B) 12:00
Contact: www.break-ranks.ch - step-out@break-ranks.ch

