10,000 Hours



Count: 32 Wall: 4 Level: Intermediate Choreographer: Vikki Morris (UK) - October 2019

Music: 10,000 Hours - Dan + Shay & Justin Bieber : (amazon)



Start: quick start – 4 counts

1	Step forward on Right as you turn ½ turn Left and sweep Left foot around and behind (6 o

clock)

2&3 Cross Left behind Right, Step Right to Right side, Cross Left over Right

Sway Right to Right side, Sway Left to Left side 45

6& Cross Right behind Left, Turn 1/4 Left stepping forward Left (3 o clock) Step forward Right, Step Left ball next to Right, Step forward Right 7&8

S2: L Rock Recover R. L Step. Pivot ¼ L. Extended Weave, Step Together

12 Rock forward Left, Recover on Right

&34 Step Left next to Right, Step forward Right, Pivot ¼ Left (12 o clock) 5&6 Cross Right over Left, Step Left to Left side, Cross Right behind

&7 Step Left to Left side, Cross Right over Left

8.8 Step Left to Left side, Step Right next to Left (body angled to Right diagonal)

S3: Cross L, R Scissor Step, Prissy Walks L, R, L Mambo 1/4 L, Cross R

Cross Left over Right

2&3 Step Right to Right side, Step Left next to Right, Cross Right over Left

4 5 Cross step Left over Right, Cross step Right over Left

6&7 Rock forward Left, Recover on Right, Turn 1/4 turn Left stepping Left to Left side (9 o clock)

8 Cross Right over Left

S4: Large Step L, Back R (sweeping L), L Behind, R Side, L Forward, Pivot ½ L, Full Turn L

12	Large step Left, Step back on Right sweeping Left around and behind
3&4	Cross Left behind Right, Step Right to Right side, Step forward Left
5.6	Step forward Right, Pivot 1/2 turn Left (3 o clock)

Step forward Right, Pivot ½ turn Left (3 o clock)

78 Turn ½ turn Left stepping back on Right, Turn ½ turn Left stepping forward on Left

Tag 1: End of wall 2 facing 6 o clock, start dance again facing 3 o clock

1/2 L Ronde, L Behind, R Side, Cross L, Sway x2, Modified Sailor 1/4 R, Step L

1	Step forward on Right as you turn ½ turn Left as you sweep Left foot around and behind (12
	o clock)

2&3 Cross Left behind Right, Step Right to Right side, Cross Left over Right

4 5 Sway Right, Sway Left

6&7 Cross Right behind Left as you turn ¼ Right, Step Left to Left side, Step forward Right (3 o

clock)

8 Step forward Left

Tag 2: End of wall 5 facing 12 o clock

Sway R, L, R, L

12 Sway Right to Right side, Sway Left to Left side 3 4 Sway Right to Right side, Sway Left to Left side

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