A Swing To Quit



Count: 32 Wall: 2 Level: Easy Intermediate

Choreographer: Fabian Müller (CH) - December 2019

Music: Whole Lotta Quit - Randy Houser



Sect 1 SIDE TRIPLE STEP, ROCK BACK, RECOVER, SIDE TRIPLE STEP, TOUCH WITH HIP

1 & 2	Step side R – Close L next to R – Step side R
Ι α Ζ	Sieb side K – Close L next to K – Sieb side K

3 – 4 Rock step back L – Recover on R

5 & 6 Step side L – Close R next to L – Step side L

7 – 8 Touch R next to L and lift hip on right side – Set hip to neutral position

Sect 2 SIDE, TOGETHER, STEP FORWARD, ROCK, STEP, RECOVER, ½ SHUFFLE TURN, HEEL, TOE

1 & 2	Sten side R -	Close L next to	R - Sten	forward R
1 4 4	OLED SIGE IN -	CIUSE E HEAL IO	11 - 0160	ioiwaiu i

3 – 4 Rock forward L – Recover on R

7 – 8 Touch R heel in front – Touch R toe back

Sect 3 TOE STRUT, TOE STRUT, KICK BALL CHANGE, KICK BALL TOUCH

1 - 2	Touch R toe forward – Put weight on R foot
3 – 4	Touch L toe forward – Put weight on L foot

5 & 6
7 & 8
Kick R forward – Step on ball of R – Step L next to R
7 & 8
Kick R forward – Step on ball of R – Touch L next to R

Restart in 12th wall, replace count 7 with step forward and wait until the music starts playing again

Sect 4 SIDE, HOLD, TOGETHER, SIDE, HOLD, TOGETHER, SIDE ROCK, RECOVER, CROSS, TOUCH

1 – 2 &	Side step L – Hold – Step R next to L
3 – 4 &	Side step L – Hold – Step R next to L
E 6	Cide reak stan I Deceyor D

5 – 6 Side rock step L – Recover R

7 – 8 Cross L in front of R – Touch R next to L

Tag after 2nd and 6th wall

Sect 3 SWAY 2X

1 - 2 Step side R and push hip to right – Hold
3 - 4 Step side L and push hip to left – Hold

Ending Replace Sect 4 Counts 5 – 8

SIDE ROCK, ¼ TURN RECOVER, ¼ TURN

5 - 6 Side rock step L - ¼ Turn right Recover R
7 - 8 ¼ Turn right and step side L - Finish

Enjoy the dance!

heavymetalcowboy.ch