

Midland Mini Cha

Count: 32

Wall: 1

Level: Absolute Beginner

Choreographer: Cheryl Carter (UK) & Sandra Speck (UK) - January 2020

Music: Put the Hurt on Me - Midland : (Album: Let it Roll)



Music available from iTunes

#32 count intro, approx. 20 seconds

S1 .RUMBA BOX WITH HOLDS

- 1-2 Step right to side, close left next to right,
- 3-4 Step forward on right, hold for one count
- 5-6 Step left to side, close right next to left,
- 7-8 Step back on left, hold for one count

S2. BACK ROCK, FORWARD ROCK, BACK ROCK, STEP ¼ PIVOT

- 1-2 Rock back on right, recover onto left
- 3-4 Rock forward on right, recover onto left
- 5-6 Rock back on right, recover onto left
- 7-8 Step forward on right, turn ¼ left, weight on left

S3. WEAVE (OVER-SIDE-BEHIND), BEHIND ¼ WALK HOLD

- 1-2 Cross right over left, step left to side
- 3-4 Cross right behind left, sweep left foot out from front to back
- 5-6 Cross left behind right, turn ¼ right stepping forward on right
- 7-8 Walk forward on left, hold for one count

S4. STEP POINT, BACK POINT, JAZZ BOX CROSS

- 1-2 Step forward on right, point left to left side
 - 3-4 Step back on left, point right to right side
 - 5-6 Cross right over left, step back on left
 - 7-8 Step right to side, cross left over right.
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