

# Can't Control Your Feet

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Neville Fitzgerald (UK) & Julie Harris (UK) - January 2020

Music: No Strings Attached - Swingrowers : (iTunes)



**Start 48 Counts on Vocals.**

## **Cross, Touch, Kick, Behind Side, Cross , 1/4, 1/2 Shuffle.**

- 1-3 Cross step Left over Right, touch Right next to Left, kick Right into Right diagonal  
4&5 Cross step Right behind Left, step Left to Left side, cross step Right over Left.  
6 Make 1/4 turn Right stepping back on Left. (3.00)  
7&8 1/4 turn Right stepping Right to side, step Left next to Right, 1/4 turn Right stepping forward on Right. (9.00)

## **Sway, Sway, Sway, Sway, Back, 1/4 Rock, Recover, Back.**

- 1-2 Push Left hip forward, recover Right pushing Right hip back.  
3-4 Push Left hip forward, recover Right pushing Right hip back.  
5-6 Step back on Left, make 1/4 turn Right rocking Right to side. (12.00)  
7-8 Recover on Left, step back on Right sweeping Left out to side.

## **Behind, Side, Cross, 1/4 Cross Shuffle, Side, Touch, Kick Ball Cross.**

- 1-3 Cross step Left behind Right, step Right to Right side, cross step Left over Right.  
4&5 Make 1/4 turn to Right cross stepping Right over Left, step Left to side, cross step Right over Left. (3.00)  
6-7 Step Left to Left side, touch Right next to Left.  
8&1 Kick Right to Right diagonal, step Right next to Left, cross step Left over Right.

## **1/4, 1/2 Shuffle, Rock, Recover, Coaster Step.**

- 2 Make 1/4 turn Left stepping back on Right. (12.00)  
3&4 1/4 turn Left stepping Left to side, step Right next to Left, 1/4 turn Left stepping forward on Left. (6.00)  
5-6 Rock forward on Right, recover on Left  
7&8 Step back on Right, step Left next to Right, step forward on Right.

## **Heel. Hold, Ball Walk, Walk, Kick Ball Step, Skate Skate.**

- 1-2 Touch Left heel forward, Hold.  
&3-4 Step Left next to Right, Walk forward Right-Left  
5&6 Kick Right slightly out to Right corner, step Right next to Left as you dip down, step forward on Left. (Shorty George)  
7-8 Walk forward (skating) Right-Left.

## **Hitch, Back, Back, Together, Step, 1/4 Cross Shuffle, Side**

- 1-2 Hitch Right knee, step back on Right.  
3-5 Step Left next to Right, step forward Right, step forward (slow coaster step)  
6&7 Make 1/4 turn Right cross stepping Right over Left, step Left to side, cross step Right over Left. (9.00)  
8 Step Left to Left side. \*R\*

## **Together, Cross, 1/4, 1/2 Shuffle, Step 1/2 Step.**

- 1-3 Step Right next to Left & at same time flick/kick Left out to side with small jump (pendulum swing) , cross step Left over Right, make 1/4 turn Left stepping back on Right. (6.00)  
4&5 1/4 turn Left stepping Left to side, step Right next to Left, 1/4 turn Left stepping forward Left. (12.00)

6-8 Step forward Right, pivot 1/2 turn Left, step forward Right. (6.00)

**Rocking Chair, Step 1/2, Step 1/2.**

1-2 Rock forward on Left, recover Right.

3-4 Rock back on Left, recover Right.

5-6 Step forward on Left, pivot 1/2 turn Right.

7-8 Step forward on Left, pivot 1/2 turn Right.

**Restart Wall 5 .. Dance Up To & Including count 7 Section 6 then HOLD restart from Beginning :)**

**Tag: End of Wall 6 facing 12.00**

1-2 Cross rock Left over Right, recover Right using hips :)

3-4 Cross rock Left over Right, recover Right using hips :)

**Last Update - 28 Jan. 2020**

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