Hey Cowgirl (P)

Count: 32

Level: Beginner Partner

Choreographer: Stephen Pistoia (USA) - February 2020

Music: Hey Cowgirl - Randall King : (iTunes)

Intro: 32

Side by side position. Man's FT work described. Woman same.

(1-8) WALK WALK SHUFFLE RT WALK BACK LT.RT SHUFFLE LT

- 1-2 step RF forward - step LF forward
- 3&4 step RF out to RT - step LF next to RF - step RF out to RT
- 5-6 step LF back - step RF back
- step LF out to LT step RF next to LF step LF out to LT 7&8

(9-16) WALK WALK RT SHUFFLE, WALK WALK LT SHUFFLE

- 1-2 step RF forward -step LF forward
- 3&4 step RF forward - step LF next to RF - step RF forward
- 5-6 step LF forward - step RF forward
- 7&8 step LF forward - step RF next to LF - step LF forward

(17-24) WALK WALK RT SHUFFLE AROUND ½ TURN TO RT, WALK WALK LT SHUFFLE ½ TURN TO **RT (BOTH COUPLES ARE MAKING A FULL CIRCLE)**

- 1-2 step RF forward making turn to RT - step LF forward making turn to RT (3:00)
- step RF forward making turn to RT step LF next to RF step RF forward making turn to 3&4 RT(6:00)
- 5-6 step LF forward making turn to RT – step RF forward making turn to RT(9:00)
- step LF forward making turn to RT step RF next to LF step LF forward making turn to RT 7&8 (12:00)

(25-32) ROCK RECOVER SHUFFLE BACK, ROCK RECOVER SHUFFLE FORWARD

- 1-2 step RF forward - recover weight on LF
- step RF backwards step LF next to RF step RF backwards 3-4
- 5-6 step LF back - recover on RF
- step LF forward step RF next to LF step LF forward 7&8

Any questions contact me @ pistoias@ymail.com





Wall: 0