

# Do or Die

Count: 32

Wall: 4

Level: Improver

Choreographer: Carol Cotherman (USA) - February 2020

Music: Soldier - High Valley



This dance is a tribute to all of my family members, past and present, who served or are serving in our Armed Forces! (This includes my husband, father, brothers-in-law, grandfather, uncles, cousins, and currently 2 nephews. Thank you!)

**#16-count intro. No tags or restarts!**

**Rock, Recover, Ball Step, Step, Step, Rock, Recover, Coaster Step**

- 1-2& Rock right forward, recover to left, step right foot beside left
- 3-4 Step left forward, step right forward
- 5-6 Rock left forward, recover to right
- 7&8 Step left back, step right beside left, step left forward

**Step, 1/4 Turn, Cross, Hitch, Touch, Hitch, Step, Point**

- 1-2 Step right forward, 1/4 pivot turn left taking weight to left
- 3-4 Cross right over left, hitch left knee facing left diagonal
- 5-6 Touch left slightly behind right, hitch left knee facing left diagonal
- 7-8 Step left in place, point right to side (9:00)

**Cross, Side, Behind, 1/4 Turn, Step, 1/2 Turn, 1/4 Turn, Behind**

- 1-2 Cross right over left, step left to side
- 3-4 Cross right behind left with a slight dip, 1/4 turn left stepping left forward
- 5-6 Step right forward, 1/2 pivot turn left taking weight to left
- 7-8 1/4 Turn left stepping right to side, step left behind right (9:00)

**Side, Cross Rock, Recover, Side, Toe Strut March (2X)**

- 1-2 Step right to side, cross rock left over right,
- 3-4 Recover to right, step left to side
- 5-6 Step right ball in place, step right heel down
- 7-8 Step left ball in place, step left heel down (9:00)

**Repeat and March on!**

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