

# Feel Da Rush

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Heidi Jensen (NOR) - March 2020

**Music:** Feel da Rush - Freddy Kalas



**Intro: 16 count**

**Step R, L, R fwd , point L, Step L. R, L back, point R**

1,2,3,4            Step Rf fwd ,Step Lf fwd, StepLf fwd , point Lf to L  
5,6,7,8            Step back on Lf, Rf Lf, Point Rf to R

**Cross, point,Cross, point. Rock, 1/4 turn, touch.**

1,2,3,4            Cross Rf over LF, point Lf to L, Cross Lf over Rf, point Rf to R  
5,6,7,8            Rock Rf fwd, recover on Lf, turn 1/4 to R, touch Lf beside RF.

**Rock to L, cross, hold,Rocking Chair.**

1,2,3,4            Rock Lf to L , recover on Rf, Cross Lf over Rf, Hold.  
5,6,7,8            Rock Rf fwd , recover on Lf, Rock Rf back, recover on Lf.

**Step, 1/4 turn, Step ,1/4 turn, Heel and Heel.**

1,2,3,4            Step Rf fwd, turn 1/4 to left, step Rf fwd, turn 1/4 to left  
5,6,7,8            Step R heel fwd , step Rf next to Lf, Step L heel fwd, step Lf next to Rf.

**Tag: After wall 5: 4 count: Sway R, L, R, L.**

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