

Mars Lansia

Count: 32

Wall: 4

Level: Low Beginner

Choreographer: Dwi Soediono (INA) - May 2020

Music: Mars Lansia by Bina keluarga Lansia (BKL)



Start on vocals - Intro 16 counts

#1 Restart on wall 5 after 16 counts & start again facing (09:00)

Sec.1: SIDE TOUCH (x2), VINE R, TOUCH L

1-2 Step R to R side, touch L beside R

3-4 Step L to L side, touch R beside L

5-6 Step R to R side, cross L behind R

7-8 Step R to R side, touch L beside R

Styling: R & L hands are raised and swung R to L on count 1-4 in section 1

Sec.2: SIDE TOUCH (x2), 1/4 VINE, BRUSH

1-2 Step L to L side, touch R beside L

3-4 Step R to R side, touch L beside R

5-6 Step L to L side, cross R behind L

7-8 Step L 1/4 turn L stepping L fwd, brush R foot fwd

Styling: R & L hands are raised and swung L to R on count 1-4 in section 2

Sec.3: STEP 1/4 L PIVOT, RL WALK, STEP 1/4 L PIVOT, RL WALK

1-2 Step R fwd, pivot turn 1/4 L (weight middle)

3-4 Step R fwd, step L fwd

5-6 Step R fwd, pivot turn 1/4 L (weight middle)

7-8 Step R fwd, step L fwd

Sec.4: K STEP WITH CLAPS

1-2 Step R fwd diag, touch L next to R & clap

3-4 Step L back diag, touch R next to L & clap

5-6 Step R back diag, touch L next to R & clap

7-8 Step L fwd diag, touch R next to L & clap

Happy dancing & staying healthy!