

Better Off - IMP

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Doreen Darcangelo Post (USA) & DiAnne Genrich (USA) - May 2020

Music: Better Off - Trace Adkins



BASIC R, BASIC L, ¼ TURN, BASIC R, BASIC L

- 1, 2& Step R large step to side, Step L slightly behind R, Step on R
- 3, 4& Step L large step to side, Step R slightly behind L
- 5, 6& ¼ Turn, Step R large step to side, Step L slightly behind R, Step on L
- 7, 8& Step L large step to side, Step R slightly behind L, Step on L

STEP BACK R, TOUCH L TOE, STEP BACK L, TOUCH R TOE, LOCKSTEP BACK R, COASTER STEP L

- 1,2 Step Back R, Touch L Toe
- 3,4 Step Back L, Touch R Toe
- 5& 6 Step back on R foot, Step L foot in front of R, Step back on R foot, Touch R toe
- 7& 8 Step L foot back, Step R foot back next to L, Step forward on L

BASIC R, BASIC L, ¼ TURN, BASIC R, BASIC L

- 1, 2& Step R large step to side, Step L slightly behind R, Step on R
- 3, 4& Step L large step to side, Step R slightly behind L
- 5, 6& ¼ Turn, Step R large step to side, Step L slightly behind R, Step on L
- 7, 8& Step L large step to side, Step R slightly behind L, Step on L

SWAY R,L,R,L, HEEL FANS OUT IN OUT IN

- 1,2,3,4 Sway R, L, R, L
- 5,6,7,8 Heel Fan Out, In, Out, In

Email: doriepost@hotmail.com - Phone: 607-857-1651

Email: dgenrich0@gmail.com - Phone: 608-219-7402

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