# Bantangism (半塘主义)

Level: Phrased Intermediate

**Count: 88** Choreographer: Yang Rong Bin (CN) - January 2020 Music: Half Sugarism (半塘主义) - S.H.E.

#### Sequence: AB T16 A40 B32 A BB

Intro: 16 counts

#### A: 48 counts

#### S1: [1 - 8] WALK R-L- R, SIDE, HIP BUMP R-L-R, L-R-L 12:00

- 1234 Walk forward R-L-R, Step L to L
- 5&6 Hip bump to R, Recover to place, Hip bump to R
- 7&8 Hip bump to L, Recover to Place, Hip bump to L

#### S2:[9 - 16] CROSS, BACK, COASTER, 1/4 PIVOT, SHUFFLE, 3:00

- 12 Cross R over L, Step L back
- 3&4 Step R back, Step L next to R, Step R forward
- 56 Step L forward, Turn 1/4 R step R side
- 7&8 Step L forward, Step R next to L, Step L forward 3:00

#### S3: [17 - 24] SIDE, QUICKLY WEAVE, CROSS ROCK, 1/4 SHUFFLE, 12:00

- 1&2& Step R to R, Cross L behind R, Step R to R, Cross L over R
- 3&4 Step R to R, Cross L behind R, Step R to R
- 56 Cross L over R, Recover to R
- 7&8 Turn 1/4 L step L forward, step R next to L, Step L forward 12:00

#### S4: [25 - 32] 1/4 PIVOT, CROSS SHUFFLE, MAMBO L, MAMBO R 9:00

- Step R forward, Turn 1/4 step L side 9:00 12
- 3&4 Cross R over L, Step L to L, Cross R over L
- Rock L to L, Recover to R, Step L next to R 5&6
- 7&8 Rock R to R, Recover to L, Step R next to L

#### S5: [33 – 40] HEEL SWITCH, TOUCH, SLIDE, TOUCH, 1/4 RUN 6:00

- 1&2& Dig L heel forward, Step L next to R, Dig R heel forward, Step R next to L
- 3&4 Dig L heel forward, Step L next to R, Touch R next to L
- 56 Take a big step to R, Slide L toward to R
- 7&8 Run L-R-L and turn 1/4 L 6:00

#### Note: Turn 1/4 R at the second A, this wall dance 40 counts end face 12:00

#### S6: [41 – 48] HEEL SWITCH, TOGETHER, SLIDE, TOUCH, 1/2 RUN 12:00

- 1&2& Dig R heel forward, Step R next to L, Dig L heel forward, Step L next to R
- 3&4 Dig R heel forward, Step R next to L, Step L next to R
- 56 Take a big step to R. Slide L toward to R
- 7&8 Run L-R-L and turn 1/2 L 12:00

#### B: 40 counts

#### S1: [1 – 8] STEP R-L-R, RECOVER L, STEP R, STEP L-R-L, RECOVER R, STEP L 12:00

- 12 Step R to R, Step L to L
- 3&4 Step R to R, Recover to L, Step R to R
- 56 Step L to L, Step R to R
- 7&8 Step L to L, Recover to R, Step L to L

### S2: [9 – 16] JJUMP JACK, UNWIND, SLIDE, BACK, TOGETHER 6:00





Wall: 1

- 1 2 Jump to cross step end R over L, Hold
- 34 Unwind 1/2 L for 2 counts 12:00
- 56 Take a big step to R, Slide L toward to R
- 78 Step L back, Step R next to L

## S3: [17 – 24] SIDE, POINT DIAGONAL, 1/4 SIDE, POINT DIAGONAL, SIDE, POINT DIAGONAL, 1/4 HIP BUMP R-L-R 12:00

- 12 Step L to L, Point R to L diagonal
- 34 Turn 1/4 L step R to R, Point L to R diagonal
- 56 Step L to L, Point R to L diagonal
- 7&8 Turn 1/4 L hip bump to R, Recover to place, Hip bump to R

#### S4: [25 – 32] SIDE BODY ROLL, TOUCH, POP JUMP FORWARD 12:00

- 12 Step R to R and start roll body to R,
- 34 Touch L next R and body roll till end the 4th counts
- 56 Jump L forward and pop R next to L, Jump R forward and pop L next to R
- 78 Jump L forward and pop R next to L, Jump R forward and pop L next to R

#### Note: At the second B after 32 counts dance A

#### S5: [33 – 40] SIDE, HOLD, BACK R-L-R-L 12:00

- 1234 Step L to L and open arms up slowly for 4 counts
- 5678 Step back R-L-R-L

#### Tag16:

[1-8]: Step touch R-L-R-L

- 1234 Step R to R, Touch L next R, Step L to L, Touch R next to R
- 5678 Step R to R, Touch L next R, Step L to L, Touch R next to R

#### [9-16]: Repeat 1-8 counts

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