## Track Record

Count: 44
Wall: 2
Level: Intermediate
Choreographer: Tomasz \& Angela (DE) - August 2020
Music: Track Record - Miranda Lambert : (Album: Wildcard)

## Note: The dance begins with the use of the chant

## S1: Rock side, shuffle across, step pivot half turn r, shuffle across

| $1-2$ | step to the right with right - weight back on the left foot |
| :--- | :--- |
| $3 \& 4$ | cross right foot over left - left foot connects to right heel - right foot crosses in front of left - <br> Weight at the end on the right |
| $5-6$ | step forward with left - half turn to the right on both bales - weight at the end on the right (6 <br> o'clock) |
| $7 \& 8$ | Cross left foot over right - right foot connects to left heel - left foot crosses over right |

S2: rock side, behind-side-cross $\mathbf{r}+\mathrm{I}$
1-2 step to the right with right - weight back on the left foot
3 \& $4 \quad$ Cross right foot behind left - step left with left and right foot cross over left
5-6 step to the left with left - weight back on the right foot
7 \& $8 \quad$ Cross left foot behind right - step to the right with right and cross left foot over right

S3: Side, close, shuffle forward, side, close, shuffle back
1-2 step to the right with right foot - put left foot on right
3 \& $4 \quad$ Step forward with right - put left foot on right and step forward with right
5-6 step to the left with left foot - put right foot next to left
7 \& 8 step backwards with left - put right foot on left and step back with left- Weight at the end on the left

S4: Rock back, cross, point, cross, point, cross-back-touch
1-2 step backwards with the right - weight back on the left foot
3-4 Cross right foot over left - touch left toe on the left
5-6 Cross left foot over right - touch right toe on the right
7 \& $8 \quad$ Cross right foot over left - step backwards with left and right foot towards left
( Restart: In the 3rd round - direction 6 o'clock - break here and start over
( End: The dance ends after '5-6' in the 9th round - direction 6 o'clock, the end'Rechten over left cross - Half turn to the left on both balls, weight at the end on the left, and put right foot on left ' - 12 o'clock)

S5: Rocking Chair, step, pivot half turn I, rock forward
1-2 step forward with right - weight back on the left foot
3-4 step backwards with the right - weight back on the left foot
5-6 step forward with right - half turn to the left on both bales - weight at the end on the left (12 o'clock)
7-8 step forward with right - weight back on the left foot

## S6: Back, hold, sailor step turning half I

1-2 step backwards with right - hold
$3 \& 4 \quad$ cross left foot behind right - place right foot next to left and turn left halfway
Put your left foot forward at an angle - weight at the end on the left ( 6 o'clock)

