Bang Sticks

Count: 32

Level: Improver

Choreographer: Salfoo (MY) & Joey Law (MY) - September 2020 Music: Bang Dem Sticks - Meghan Trainor

Intro: 4 counts	
[01-08] FORWARD, TOGETHER, SPLIT KNEES, COASTER STEP, BOOGIE WALK, MAMBO TOUCH	
&1&2	Step R Forward, Step L Beside R, Split Knee, Recover Knees To Center
3&4	Step R Backward, Close L Beside R, Step R Forward
5&6	Step L Forward, Walk R Forward, Walk L Forward (In a Circular Movement)
7&8	Rock R Forward, Recover Onto L, Touch R Beside L
[09-16] SHUFFLE FORWARD R, SHUFFLE FORWARD L (DIAGONALLY) ROCKING CHAIR	
1&2	Step R Forward, Close L Beside R, Step R Forward Diagonally
3&4	Step L Forward, Close R Beside L, Step L Forward Diagonally
5-6 7-8	Step R Forward, Recover Onto L, Step R Backward, Recover Onto L
[17-24] PADDLES 1/2 , CROSS SAMBAS	
1-2 3-4	Step R Forward, Make a 1/4 Turn L (weight onto L), Step R Forward, Make a 1/4 Turn L (weight onto L) (6.00)
5 a 6	Cross R Over L, Step L To L, Step R Diagonally Forward
7 a 8	Cross L Over R, Step R To R, Step L Diagonally Forward
[25-32] CROSS SHUFFLE, SIDE ROCK CLOSE, FORWARD, 1/4 L, KICK BALL CHANGE	
1&2	Cross L Over R, Step R To R, Cross L Over R
3&4	Rock L To L Side, Recover Onto R, Close L Beside R
5&6	Step R Forward, Make a 1/4 Turn L (weight onto L)
7&8	Kick R Forward, Step Ball Of R Foot, Step L Beside R





Wall: 4