

Go to Bed

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kevin Formosa (AUS) - August 2020

Music: I Should Probably Go To Bed - Dan + Shay : (Single - iTunes)



Intro: 8 Counts

[1-8] Fwd, Rock $\frac{1}{2}$ L, Full Turn, $\frac{1}{4}$ Turn, weave, Cross Rock, Side, Cross

- 1,2& Step R fwd, Rock fwd L, Recover weight R
- 3,4& $\frac{1}{2}$ L Stepping L fwd, $\frac{1}{2}$ L Stepping R back, $\frac{1}{2}$ L Stepping L fwd (6.00)
- 5,6& $\frac{1}{4}$ L Stepping R to R side, Step L behind R, Step R to R side
- 7&8& Rock L across R, Recover weight R, Step L to L side, Step R across L (3.00)

[9-16] Nightclub Basic, Spiral $\frac{3}{4}$, Runaround, Cross, Side Rock, Cross

- 1,2& Step L to L side, Rock R slightly behind L, Recover weight L
- 3,4&5 Step R to R side Spiral turning $\frac{3}{4}$ L, Runaround $\frac{1}{2}$ L Stepping L, R, L
- 6,7,8& Cross R over L, Rock L to L side, Recover weight R, Step L across R (12.00)

[17-24] Diamond, Nightclub Basic, Full Turn

- 1,2& Step R to R side, $\frac{1}{8}$ L stepping L back, Step R back
- 3,4& $\frac{1}{8}$ L stepping L to L side, $\frac{1}{8}$ L stepping R fwd, Step L fwd
- 5,6,7 Step R to R side, Rock L slightly behind R, Recover weight R
- 8& (1) $\frac{1}{4}$ R stepping L back, $\frac{1}{2}$ L stepping R fwd ($\frac{1}{4}$ L Stepping L to L side to start Nightclub Basic count 1) (6.00)

[25-32] Nightclub Basic, Vine $\frac{1}{4}$ R, Pivot $\frac{1}{2}$ R, Step Fwd, Full Turn

- 1,2& Step L to L side (finishing full turn), Rock R slightly behind L, Recover L
- 3,4& Step R to R side, Step L behind R, $\frac{1}{4}$ R stepping R fwd
- 5,6,7 Step L fwd, Pivot $\frac{1}{2}$ R weight R, Step L fwd
- 8& $\frac{1}{2}$ L stepping R back, $\frac{1}{2}$ L stepping L fwd (9.00)

Restart: On wall 3 dance the first 16 counts then Restart

Changing the last step to a fwd step to make it easier to restart

Start Again

KEVIN FORMOSA: 0404 332 112 - formosa_k@hotmail.com

V1.0