# My Sarah Jane

**Count:** 46

Level: Intermediate

Choreographer: Melissa Lau (NZ) - October 2020 Music: Sarah Jane - Nathan Carter

#### Dance begins on vocals after 22 counts

# CROSS ROCK-RECOVER, SIDE ROCK-RECOVER, BEHIND, ¼, ½, COASTER, FWD LOCK-STEP

- 1&2& Rock R across L, recover weight on L, rock R to side, recover weight on L (12:00)
- 3&4 Step R behind L, ¼ turn left stepping L fwd (9:00), ½ turn left stepping R back (3:00)
- 5&6 Step L back, step R next to L, step L fwd
- 7&8 Step R fwd, step L crossed behind R, step R fwd

## CROSS ROCK-RECOVER, SIDE ROCK-RECOVER, BEHIND, ¼, ½, COASTER, FWD LOCK-STEP

- Rock L across R, recover weight on R, rock L to side, recover on R 1&2&
- 3&4 Step L behind R, ¼ turn right stepping R fwd (6:00), ½ turn right stepping L back (12:00)
- 5&6 Step R back, step L next to R, step R fwd
- 7&8 Step L fwd, step R crossed behind L, step L fwd

### FWD, TOUCH, BACK, TOUCH, ½ TURN SHUFFLE, FWD, TOUCH, BACK, ¼ LEFT SAILOR

- 1&2& Step R fwd, tap L toe next to R, step L back, tap R toe next to L
- 3&4 Turn <sup>1</sup>/<sub>2</sub> right stepping R fwd, step L next to R, step R slightly fwd (6:00)
- 5&6 Step L fwd, tap R toe next to L, step R back
- 7&8 Swing/step L behind R turning 1/4 left (3:00), step R to side, step L to side

### EXTENDED WEAVE-TOUCH. LEFT 'HEEL JACKS'

- Cross R over L, step L to side, step R behind L, step L to side, cross R over L, step L to side, 1&2&3&4 tap R toe next to L
- &5&6 Step R diagonal back, tap L heel diagonal fwd, step L into centre, touch R beside L
- &7&8 Step R diagonal back, tap L heel diagonal fwd, step L into centre, touch R beside L

### VAUDEVILLE, ¼ TURNING VAUDEVILLE, BACK LOCK-STEP, LEFT FULL TURN TRIPLE STEP

- Step R diagonal back, cross L over R, step R diagonal back turning body diagonal left, touch &1&2 L heel diagonal fwd left
- Step L diagonal back, cross R over L, turn ¼ right stepping L diagonal back with body turned &3&4 diagonal right, touch R heel diagonal fwd right (6:00)
- 5&6 Step R back, step L back crossed over R, step R back
- 7&8 Full turn left triple step on the spot, stepping L-R-L (or Coaster step - no turn)

### SIDE ROCK-FWD, CROSS, SIDE, BACK, BACK ROCK-KICK, RECOVER

- 1&2 Rock R out to side, recover weight on L, step R fwd
- 3, 4, 5, Cross L over R, step R to side, step L back
- 6& Jump back on R kicking L fwd, step L in place

#### \* RESTART: on wall 2 after 16 counts, add 2-count Tag (facing 6 o'clock) **ROCKING CHAIR**

1&2& Rock R fwd, recover weight on L, rock R back, recover weight on L

### \* TAG: 2-count Tag at the end of wall 4 (facing 6 o'clock)

#### **ROCKING CHAIR**

1&2& Rock R fwd, recover weight on L, rock R back, recover weight on L

### \* ENDING: on last wall, dance up to 28 counts (turn ¼ right on count 28 to finish at the front)





**Wall:** 2