

# Pas Essentiel

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Angéline Fourmage (FR) & Maryse Fourmage (FR) - 14 December 2020

**Music:** Pas essentiel - Grand Corps Malade



**Start : On the lyrics No Tag - No Restart**

**[1-8] Walk, Walk, Walk, Walk, Rocking chair**

- 1-2 RF FW, LF FW
- 3-4 RF FW, LF FW
- 5-6 RF FW, Recover to LF
- 7-8 RF Back, Recover to LF

**[9-16] Step, Touch, Back, Touch, Step ¼ R, Together, Step, Brush**

- 1-2 RF FW on R diagonal, Touch LF next to RF
- 3-4 LF back on L diagonal, Touch RF next to LF
- 5-6 Make ¼ R with RF to the R side, LF next to RF
- 7-8 RF to the R side, Brush LF FW

**[17-24] Cross Rock, Step, Hold, Cross Rock, Step, Hold**

- 1-2 Cross LF over RF, Recover to RF
- 3-4 LF to the L side, Hold
- 5-6 Cross RF over LF, Recover to LF
- 7-8 RF to the R side, Hold

**[25-32] Back, Close, Snap, Snap, Back, Together, Snap, Snap\***

- 1-2 LF back on L diagonal, RF next to LF (weight is on LF)
- 3-4 Snap, Snap
- 5-6 RF back on R diagonal, LF next to RF
- 7-8 Snap, Snap \*(Option on 2 counts : Hands in front of the mouth or eyes)

**Smile and enjoy the dance**

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