Volarà



Count: 192 Wall: 1 Level: Phrased Intermediate

Choreographer: Angéline Fourmage (FR) - 1 January 2021

Music: Volara - Bernardo Lafonte



Start: 5s. (at Drum)

Intro-A-B-C-D - A-B-C-D-E - C-F-A - B-C-D - C-F

Intro: 32 counts

[1-8] R Step Side (with arms up), together

1-7 RF to the R side with arms up (right side) 8 RF next to LF Put your arms down

[9-16] R Step Side (with arms up), together

1-7 LF to the L side with arms up (left side)8 LF next to RF Put your arms down

[17-24] Step Back, Hold, Step Back, Hold, Step Back, Hold, Step Back, Hold (*Option : with arms up)

1-2 RF Back, Hold 3-4 LF Back, Hold 5-6 RF Back, Hold 7-8 LF Back, Hold

[25-32] Step FW, Hold, Step FW, Hold, Step FW, Hold, Step FW, Hold (*Option: with arms up)

1-2 RF FW, Hold 3-4 LF FW, Hold 5-6 RF FW, Hold 7-8 LF FW, Hold

Part A: 32 counts

[1-8] V-Step 1/4 R (*Option: with arms up)

1-2 RF FW to R side, Hold3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

[9-16] V-Step 1/4 R (*Option : with arms up)

1-2 RF FW to R side, Hold 3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

[17-24] V-Step 1/4 R (*Option : with arms up)

1-2 RF FW to R side, Hold 3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

[25-32] V-Step ¼ R (*Option : with arms up)

1-2 RF FW to R side, Hold 3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

Part B: 32 counts [1-8] Chassé R, Chassé L, Chassé R, Chassé L (* Option : with arms up), RF to R side, LF next to RF, RF to R side 1&2 3&4 LF to L side, RF next to LF, LF to L side 5&6 RF to R side, LF next to RF, RF to R side LF to L side, RF next to LF, LF to L side 7&8 [9-16] Rock-Step, Side, Hold, Rock-Step, Side, Point, Hold (*Option : Arms) Cross RF over LF, Recover to LF 1-2 3-4 RF to the R side. Hold Cross LF over RF. Recover to RF 5-6 7-8 Point LF to the L side, Hold [17-24] Chassé L, Chassé R, Chassé L, Chassé R (* Option : with arms up) LF to L side. RF next to LF. LF to L side RF to R side. LF next to RF. RF to R side 3&4 5&6 LF to L side, RF next to LF, LF to L side 7&8 RF to R side, LF next to RF, RF to R side [25-32] Rock-Step, Side, Hold, Rock-Step, Side, Point, Hold (*Option : Arms) 1-2 Cross LF over RF, Recover to RF 3-4 LF to the L side, Hold 5-6 Cross RF over LF, Recover to LF 7-8 Point RF to the R side, Hold Part C: 32 counts [1-8] Weave, Touch, Diagonal, together RF to R side, Cross LF over RF 1-2 3-4 RF to R side, Cross LF behind RF RF to R side, Touch LF next to RF 5-6 7-8 LF FW on L diagonal, RF next to LF [9-16] Weave, Touch, Diagonal, together LF to L side, Cross RF behind LF 1-2 3-4 LF to L side. Cross RF over LF LF to L side, Touch RF next to LF 5-6 7-8 RF FW on R diagonal, LF next to RF [17-24] 8 Rolls 1-2 RF to R side, Cross LF behind RF 3-4 Make ¼ R with RF FW, LF FW 5-6 Make ½ R, Make ¼ R with LF to L side Cross RF behind LF, LF to L side 7-8 [25-32] Jazz-Box, Jazz-Box 1-2 Cross RF over LF, LF Back 3-4 RF to R side, Cross LF over RF Cross RF over LF, LF Back 5-6 7-8 RF to R side, Cross LF over RF Part D: 32 counts [1-8] Triple-Step, Triple-Step, Stomp-Up, Stomp up, Stomp-Up, Together (* Option : with arms) RF FW, LF next to RF, RF FW 1&2 3&4 LF FW, RF next to LF, LF FW

Stomp-Up to the R side, Stomp up RF next to LF

5-6

5-6

7-8

[9-16] Triple-Step, Triple-Step, Stomp-Up, Stomp up, Stomp-Up, Together (* Option : with arms up) LF FW, RF next to LF, LF FW 1&2 3&4 RF FW, LF next to RF, RF FW 5-6 Stomp-Up to the L side, Stomp up LF next to RF 7-8 Stomp-Up to the L side, LF next to RF [17-24] Chassé ¼ R, Triple-Step, Rocking-Chair RF to R side, LF next to RF, Make 1/4 R with RF FW 3&4 LF FW. RF next to LF. LF FW 5-6 RF FW, Recover to LF 7-8 RF Back, Recover to LF [25-32] Triple-Step, Triple-Step, Pivot 1/8 L, Pivot 1/8 L 1&2 RF FW, LF next to RF, RF FW 3&4 LF FW, RF next to LF, LF FW 5-6 RF FW, Pivot 1/8 L (weight on LF) 7-8 RF FW, Pivot 1/8 L (weight on LF) Part E: 32 counts [1-8] Rock-Step, Together, Hold, Rock-Step, Together, Hold RF FW, Recover to LF 1-2 3-4 RF next to LF, Hold 5-6 LF Back, Recover to RF 7-8 LF next to RF, Hold [9-16] Rock-Step, Together, Hold, Rock-Step, Together, Hold RF to the R side, Recover to LF 1-2 3-4 RF next to LF, Hold 5-6 LF to the L side, Recover to RF 7-8 LF to the L side, Hold [17-24] Side, Cross, Side, kick, Side, Cross, Side, Kick 1-2 RF to the R side, Cross LF over RF 3-4 RF to the R side, Kick LF on L Diagonal 5-6 LF to the L side, Cross RF over LF LF to the L side, Kick R on R Diagonal 7-8 [25-32] Side, Hold, Touch, Hold, Side, Hold, Touch, Hold (*Option Shimmy) 1-2 RF to the R side, Hold (or Shimmy) 3-4 Touch LF next to RF, Hold 5-6 LF to the L side, Hold (or Shimmy) 7-8 Touch RF next to LF, Hold Part F: 32 counts [1-8] Paddle-Turn ½ L, Slap, Clap, Slap, Clap 1-4 Paddle-Turn ½ L 5-6 Slap your thigh with your 2 hands, Clap 7-8 Slap your thigh with your 2 hands, Clap [9-16] Paddle-Turn ½ L, Slap, Clap, Slap, Clap 1-4 Paddle-Turn ½ L

Slap your thigh with your 2 hands, Clap

Slap your thigh with your 2 hands, Clap

[17-24] Side, Heel, Side, Heel, Rolling-Vine, Touch

1-2 RF to R side, Touch L Heel FW3-4 LF to L side, Touch R Heel FW

5-6 Make ¼ R with RF FW, Make ½ R with LF Back

7-8 Make ¼ R with RF to the R Side, Touch LF next to RF

[25-32] Side, Heel, Side, Heel, Rolling-Vine, Touch

1-2 LF to L side, Touch R Heel FW3-4 RF to R side, Touch L Heel FW

5-6 Make ¼ L with LF FW, Make ½ L with RF Back

7-8 Make ¼ L with LF to the L Side, Touch RF next to LF

Smile and enjoy the dance

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