Give It Up



Count: 32 Wall: 4 Level: Improver

Choreographer: Lisa McCammon (USA) - February 2021

Music: Give It Up - Suzy V: (Album: Pages Full Of Thoughts)



#8 count intro

Alt. music:-

Country: Down To One by Luke Bryan; CD Here's To The Good Times; 86 bpm R&B: Shoulda Known Better by Case; CD The Rose Experience; 94 bpm

Clockwise rotation; start weight on L

WIZARD R, WIZARD L; STEP, BOUNCE-BOUNCE, CROSS ROCK-RECOVER-SIDE

1, 2& Step forward R, lock L, step forward R 3, 4& Step forward L, lock R, step forward L

5 Smallish step forward R (weight even on balls of feet)

Bounce heels 3X whilst turning left ½ [9], ending weight on L (over-rotate slightly)

8&1 Cross rock R, recover L, step R to side (now squared to wall)

BACK ROCK-RECOVER-POINT; BACK ROCK-RECOVER-SIDE, "TOASTER" 1/4, STEP-TURN-CROSS

2&3 Rock back onto L, recover R, POINT L to side

4&5 Rock back onto L, recover R, STEP L to side (hint: stomp on 5 while you're learning to make

sure you change your weight)

6&7 (turning coaster) Turn right ¼ [12] stepping back L, close L, step R forward (let it flow)

Step forward L, turn right ¼ [3] onto R, cross L (this is your new wall)

SWAY R, RECOVER, BEHIND-SIDE-CROSS, OUT-IN-OUT, COASTER

2-3 Step R to side swaying onto R, recover onto L (momentum left)

4&5 Step R behind, step L to side, cross R (hint: bend R knee slightly so you keep weight on it)

6&7 Point L toes out, touch L toes home, point L toes out (weight stays right)

8&1 Step back L, close R, step forward L

ROCK, RECOVER (SWEEP R) BACK-&-BACK (SWEEP L), BACK-&-BACK, BACK-CLOSE

2-3 Rock forward R, recover L, sweeping R back

4&5 Step back R, step L ball home, step back R (styling option: "pony" back, lifting knees slightly)

6&7 Step back L, step R ball home, step back L (styling option as above)

8& Step back R, close L

OPTIONAL ENDING: The last repetition starts facing the front wall. Dance through counts 4&5 of the third set (behind-side-cross).

Weight is on your right, and you're facing 3:00.

6-7 Step L to side swaying L, sway/recover onto R

8&1 Step L behind, step R to side, cross L

As music slows and fades, unwind over right shoulder to face the front.

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