Aotearoa Groove

Count: 38

Level: Improver

Choreographer: Melissa Lau (NZ) - February 2021

Music: Poi E - Patea Maori Club

STOMP-PADDLE TURNS (x3), CROSS SHUFFLE Stomp R fwd (12:00), pivot ¼ turn left transferring weight onto L (9:00) 1.2

Dance begins after approximately 16 counts (after the words "taku poi e")

- Stomp R fwd, pivot ¼ turn left transferring weight onto L (6:00) 3, 4
- 5, 6 Stomp R fwd, pivot ¼ turn left transferring weight onto L (3:00)
- 7&8 Cross R over L, step L slightly left, cross R over L

SIDE ROCK, ½ SAILOR, FWD SHUFFLE, ½ HINGE TURN

- 1, 2 Rock L to side, recover on R
- 3&4 Swing L behind R turning 1/2 left (9:00), step R next to L, step L next to R
- 5&6 Step R fwd, step L next to R, step R fwd
- 7, 8 Turn ¼ right stepping L back (12:00), turn ¼ right stepping R to side (3:00)

SYNCOPATED CROSS ROCK-SIDE (x2), CROSS, SYNCOPATED MONTEREY TURN

- 1,2& Rock L across R, recover weight on R, step L next to R
- 3,4& Rock R across L, recover weight on L, step R next to L
- 5, 6 Cross L over R, point R to side
- 7, 8, & 1/2 turn right bringing R to L (9:00), point L to side, step L next to R

(Easier option instead of SYNCOPATED CROSS ROCK-SIDE: CROSS, POINT)

1, 2, 3, 4 Cross L over R, point R to side, cross R over L, point L to side

HEEL SWITCHES, FWD HEEL, BACK TOUCH, SIDE TOUCH, FLICK-SLAP, ¼ TURN HITCH-SLAP, STOMP UP

- 1&, 2& Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R
- 3, 4, 5 Tap R heel fwd, tap R toes back, tap R toes to side
- Raise R behind L leg slapping R heel with L hand 6
- 7 Turn ¹/₄ left on L ball lifting R knee and slapping R heel with R hand (6:00)
- 8 Stomp R next to L keeping weight on L

ROCKING CHAIR, HIP SWAYS

- Rock fwd on R, recover weight on L, rock back on R, recover weight on L 1, 2, 3, 4
- 5,6 Step R to side swaying hips right, sway hips left
- * RESTART: on wall 2 after 36 counts (facing 12 o'clock)
- * ENDING: on last wall, dance up to 5 counts, and HOLD on 6th count facing the front

Choreographed in conjunction with Waitangi Day 6th February, the national day of New Zealand.





Wall: 2