

# My Week-End Amen

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wall: 4

Level: Improver

Choreographer: Marianne Langagne (FR) - 11 February 2021

Music: My Weekend Amen - The Washboard Union



**Intro: Start on "Get"**

**Restart 1: At the 5th Wall which starts at 12.00, after 8 counts**

**Restart 2: At the 10th Wall which starts at 6.00 after 20 counts**

## **S 1 : TRIPLE FWD, TRIPLE BACK ON ½ TURN R, ROCK BACK, KICK BALL CHANGE**

1 & 2            RF Fwd, Together, RF Fwd  
3 & 4            ½ Turn R - LF Back, Together, LF Back (6.00)  
5 - 6            RF Back, Recover onto LF  
7 & 8            Kick RF, RF next to LF, LF next to RF HERE RESTART 1 facing 6.00

## **S 2 : RF BACK ON ½ TURN L, TOGETHER/CLOSE, HEEL FAN X 2, HEEL SWITCHES & R HEEL FWD, HOOK, STOMP**

1 - 2            ½ Turn L - RF Back - LF next to RF (12.00)  
&3&4            Heels Out, Heels In, Heels Out, Heels In  
5 & 6            R Heel Fwd, Together, L Heel Fwd  
&7&8            Together, R Heel Fwd, Cross RF in front of L Leg, Stomp RF Fwd

## **S 3 : ROCK STEP, TRIPLE ON ½ TURN L, ¾ TURN L, SIDE STOMP, HOLD**

1 - 2            LF Fwd, Recover onto RF  
3 & 4            ½ Turn L - LF Fwd, Together, LF Fwd (6.00) HERE RESTART 2 facing 12.00  
5 - 6            Pivot ½ Tour L - RF Back (12.00), Pivot ¼ Turn L on RF - LF to the L (9.00)  
7 - 8            Stomp RF to the R, Hold

## **S 4 : & SIDE ROCK R & SIDE ROCK L & ROCK BACK, WALK R - L**

&1-2            Together, RF to the R, Recover onto LF  
&3-4            Together, LF to the L, Recover onto RF  
&5-6            Together, RF Back, Recover onto LF  
7 - 8            Walk R , Walk L

**FINAL : The Dance ends at 3.00. After the first 6 counts of Section 1, make 3/4 turn left, Touch**

**ENJOY !!!!!**

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