One Day



Count: 32 Wall: 4 Level: Beginner

Choreographer: Gino Valcalcer (IT) & Maria Rao (IT) - February 2021

Music: One Day - Josh Melton



START DANCING ON LYRICS

1-2	Cross right over	er left - sten	left side	slightly back
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3-4 Touch right heel diagonally forward right - step right beside left

5-6 Cross left over right - step right side slightly back

7-8 Touch left heel diagonally forward left - step left beside right

SEC 2: ROCKING CHAIR - STEP FWD - 1/2 TURN LEFT - JUMPING L ROCK STEP BACK

1-2	Rock right forward - recover to left
3-4	Rock right back - recover to left

5-6 Step right forward - ½ turn left (weight on right)

7-8 Jumping Rock Back On Left And Kick Right Forward - recover to right

SEC 3: WEAVE - POINT - KICK - HOOK - KICK - FLICK

1-2	Cross left over right - step right side
3-4	Cross left behind right - point right side
5-6	Kick right forward - hook right over left
7-8	Kick right forward - flick right back

SEC 4: STEP LOCK STEP - L SCUFF - L STEP PIVOT 1/4 TURN RIGHT - L STEP CROSS - SCUFF

1-2	Step right forward - lock left behind right
3-4	Step right forward - scuff left beside right
5-6	Step left forward - 1/4 turn right (weight on right)
7-8	Cross left over right - scuff right beside left

REPEAT

*1° RESTART at the Home wall After 8 counts (section 1) of the 5th repetition (12.00) **2° RESTART at the Home wall After 24 counts (section 3) of the 10th repetition (12.00)

FINAL at the 4th wall At the 14th repetition, 24th count replace FLICK with STOMP R FWD (3.00)

Last Update - 12 March 2021