# Sugar



Count: 128 Wall: 2 Level: Phrased Easy Intermediate

Choreographer: Marie Hani (INA) - March 2021

Music: O.V.E.R - SURAN : (Soudtrack film Cheat Me If You Can)



#### Seq: A, B, C, D, A, B, C, B, tag, C, D, D

#### Part A

#### Section 1. Side RF to R, Chasse R, Syncopated weave R, Mambo side

1, 2 Side RF to R, LF next to R

3&4 Side RF to R, LF next to R, Side RF to R

5&6& Cross LF over R, Side RF to R, Cross LF behind R, Side RF to R

7&8 Cross LF over R, Side RF to R, Step LF in Place

## Section 2. Forward R & L Point, Step Back R Point, Cross LF behind R w/ Sweep, Step RF next to L

1 - 4 Forward RF, Point LF to L, Forward LF, Point RF to R,

5 - 8 Step back RF, Point LF to L, Cross LF behind R with Sweep, Step back RF next to L

#### Section 3. Side LF to L, Chasse L, syncopated weave L, Mambo side

1, 2 Side LF to L, RF next to L

3&4 Side LF to L, RF next to L, Side LF to L

5&6&7&8 Cross RF over L, Side LF to L, Cross RF behind L, Side LF to L, Cross RF over L, Side LF to

L, Step RF in Place

## Section 4. Forward L & R Point, Step Back L Point, Cross RF behind L w/ Sweep, Step LF next to R

1 - 4 Forward LF, Point RF to R, Forward RF, Point LF to L,

5 - 8 Step Back LF, Point RF to R, Cross RF Behind L with Sweep, Step Back LF next to R

#### PART B

# Section 1. Step Lock diagonal R, Suffle R, Step Lock Diagonal L, Suffle

1,2	Step RF forward diagonal R, Step LF Behind R,
3&4	Step RF forward, step LF behind R, Step RF Forward
5, 6	Step LF forward diagonal L, Step RF Behind L
7&8	Step LF forward, step RF behind L, Step LF Forward

## Section 2. Rock, Chasse turn ½ R (6.00), Rock, Coaster Step

1, 2 Rock RF Forward, Recover to L

3&4 Turn RF ¼ R facing 3.00, Step LF next to R, Turn RF ¼ R facing 6.00

5, 6 Rock LF Forward, Recover to R

7&8 Step LF back, Step RF back next to L, Step LF Forward

## Section 3. Step R, Suffle Forward, Step L, Suffle Forward

1, 2 Side RF to R, Step LF next to R

3&4 Step RF Forward, Step LF behind R, Step RF Forward

5, 6 Step LF to L, Step RF next to L

7&8 Step LF Forward, Step RF behind L, Step LF Forward

# Section 4. Chasse R turn 1/4 L (3.00), Chasse L turn 1/4 L (12.00), Chasse R turn 1/4 L (9.00), Chasse L

1&2	Side RF to R, LF next to R, Side RF to R turn ¼ L facing 3.00
3&4	Side LF to L, RF next to L, Side LF turn ¼ L facing 12.00
5&6	Side RF to R. LF next to R. Side RF to R turn 1/4 L facing 9.00

7&8 LF to L, RF next to L, Side LF to L

## **PART C**

# Section 1. Basic Suffle(Rock, Recover, Back Suffle, Rock, Recover, Forward Suffle)

1,2 Rock RF forward, Recover to L

3&4 Step RF behind, Step Back LF next R, Step back RF

5, 6 Step LF Back, Recover to R

7&8 Step LF Forward, Step RF behind L, Step LF Forward

## Section 2. 2x Cross Samba L & R, Rock, Chasse turn R ½ facing 3.00

1&2	Cross RF over L, Step LF to L, Recover RF to R
3&4	Cross LF over R, Step RF to R, Recover LF to L

5,6 Rock RF Forward, Recover to L

7&8 Turn RF ¼ R, Step LF next to R, Turn RF ¼ R facing 3.00

# Section 3. Side L, Recover, Weave, Side R, Recover, Cross Suffle

1, 2 Side LF to L, Recover to R

3&4 Cross LF behind R, Step RF side R, Cross LF Over R

5, 6 Side RF to R, Recover to L

7&8 Cross RF over L, Step LF on R Side, Cross RF over L

# Section 4. Rock, Recover, Chasse turn 1/4 L facing 12.00, Jazz Box

1, 2 Rock LF Forward, Recover to R

3&4 Step LF ¼ to L facing 12.00, Step RF next to L, Step LF to L

5 - 8 Cross RF over L, Step back LF behind R, Step RF side R, Step LF Forward

#### PART D

#### Section 1. Swivel R, Swivel L

1,2&	Step RF Diagonall	v Fwd R (Facing 10.	.30), Swivel LF heel to R,	Swivel LF toes to R.
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3,4 Swivel LF heel to R, Hitch LF knee

5, 6& Step LF Diagonally Fwd L (facing 01.30), Swivel RF heel to L, Swivel RF toes to L,

7,8 Swivel RF heel to L, Hitch RF knee

#### Section 2. 2x Side R & L with Shoulder Shimmvs

1, 2, 3, 4	Step RF side, Point LF to L with shimmys, Step LF side, Point RF to R with Shimmys
5, 6, 7, 8	Step RF side, Point LF to L with shimmys, Step LF side, Point RF to R with Shimmys

# Section 3. V Step R & L

1, 2,	Step RF diagonal R (facing 10.30), Step LF next to R,
3&4	Step RF Side R, Step LF next to R, Step RF side R
5, 6,	Step LF diagonal L(facing 1.30), step RF next to L
7&8,	Step LF Side L, Step RF next to L, Step LF side L

# Section 4. Toe Strut, 2x Paddle L 1/4

1&2	Touch R Toes Fwd bumping hips fwd, Bump hips back, Step on RF
3&4	Touch L toes fwd bumping hips fwd, Bump hips back, Step on LF
5 - 8	Step RF fwd, turn ¼ L (hip roll), step RF fwd R, turn ¼ L (hip roll)

## Tag - Jazz Box, Facing 3.00, on wall 2, ending second Part of B

1 - 4 Cross RF over L, LF behind L, Step Side RF to R, LF forward R

Enjoy dancing n stay healthy. Thank You...

Last Update - 9 March 2021