

Mammas Don't Let Your Babies Grow Up To Be Cowboys



Count: 32

Wall: 4

Level: High Beginner

Choreographer: Dag Alexander Wien (NOR) - March 2021

Music: Mammas Don't Let Your Babies Grow up to Be Cowboys - Lukas Nelson & Shooter Jennings : (Album: The Ranch - A Netflix Original Series Official Soundtrack)



Big thanks to Kirsten Haigh for recommending both the music and the cool series.

Two Dorothy steps fwd, Rock-Recover, Turn 1/4R step, Touch

- 1-2& Step RF R diag fwd, step LF together, step RF R diag fwd
- 3-4& Step LF L diag fwd, step RF together, step LF L diag fwd
- 5-6 Step RF fwd, change weight back to LF
- 7-8 Turn 1/4R & step RF to R, touch LF beside RF 03:00

(Step, Hold, Together, Step, Touch) x2

- 1-2&3-4 Step LF to L(1), hold(2), step RF beside LF(&), step LF to L(3), touch RF beside LF(4)
- 5-6&7-8 Step RF to R, hold, step LF beside RF, step RF to R, touch LF beside RF

Jazzbox w/ cross, Turn 1/4R step, Step, Cross Rock-Recover

- 1-4 Step LF in front of RF, step back on RF, step LF to L, step RF in front of LF
- 5-8 Turn 1/4R & step LF back, step RF to R, step LF in front of RF, change weight back to RF 06:00

Turn 1/4L step, Touch, Step, Touch, Rock-Recover, Coaster Cross

- 1-2 Turn 1/4L & step LF fwd, touch RF beside LF 03:00
- 3-4 Step RF fwd, touch LF beside RF
- 5-6 Step LF fwd, change weight back to RF,
- 7&8 step back on LF, step RF together, step LF in front of RF

Tag: One easy 2 count tag. After wall 3 and wall 8

TAG: 2 Walks forward

- 1-2 walk fwd RF, LF

RF - right foot

R - right

Have fun & Enjoy!