Sleeping Bag

Count: 36

Level: Intermediate

Choreographer: OliSien (BEL) - May 2021

Music: Sleeping Bag - Milow & Ilse DeLange

Dance info: intro on lyrics after 16 quick counts.

S1: Step, lock, step, step, lock, step, step, hold (diagonal)

- Step RF diagonal forward, cross LF behind RF, step RF forward, step LF forward diagonal 1-2-3-4
- 5-6-7-8 Cross RF behind LF, step LF forward, step RF forward, hold (12.00)

S2: Mambo fwd, hold, mambo back, 1/2 turn L, close LF beside RF

- 1-2-3-4 Step LF forward, recover on RF, step LF back, hold
- 5-6-7-8 Step RF back, recover on LF, 1/2 turn L step RF back, closing LF beside RF(6.00)

S3: Cross samba, hold, cross samba with 1/4 turn L, hold

- Cross RF over LF, step LF to L side, recover on RF, hold 1-2-3-4
- 5-6-7-8 Cross LF over RF, step RF to R side making ¼ turn L, recover on LF, Hold (3.00)

S4: Monterey ¼ turn R, monterey ¼ turn R

1-2-3-4 Point RF to R, making ¼ turn R place RF next to LF, point LF to L, place LF next to RF (6.00)

Point RF to R, making ¼ turn R place RF next to LF, point LF to L, place LF next to RF (9.00) 5-6-7-8

S5: Kick ball step fwd, hold (twice on wall 7)

1-2-3-4 Kick RF forward, step RF in place, step LF beside RF, hold (9.00)

On wall 7 do the Kick ball step twice

Restart after 32 counts on walls 10,11,12 (you don't do the kick ball step)

Enjoy the dance





Wall: 4