Si Una Vez (if I Once)

Level: Easy Intermediate

Choreographer: Nengrany Bafadhal (INA) - April 2021

Music: Si Una Vez (If I Once) (Spanglish Version) (feat. Frankie J, Becky G & Kap G) -Play-N-Skillz

Intro: (16 Count)

SEC I ____ WALK, ROCK SIDE, FORWARD, ROCKING CHAIR, FORWARD MAMBO

- 1.2 Step RF forward,step LF forward
- 3&4 Rock RF to right side, recover on LF,step RF beside LF
- 5&6& Rock LF forward, recover on RF, Rock LF back, recover RF

Wall: 4

7&8 - Rock LF forward, recover on RF, step LF beside RF

SEC II ____ BASIC NC, SHUFFLE FORWARD, 1/2 TURN L SHUFFLE FORWARD

- 1.2& Step RF to right side, step LF slightly behind RF, cross RF over LF
- 3.4& Step LF to left side,step RF slightly behind LF,cross LF over RF
- 5&6 Step RF forward,step LF beside RF,step RF forward
- 7&8 1/2 turn L step LF forward, step RF beside LF, step LF forward

SEC III ____ DIAMOND 3/4 TURN R

- 1&2& Cros RF over LF, step LF to left side, 1/8 turn R step back on RF, hitch on LF (7.30)
- 3&4& Step back on LF,1/8 turn R step RF to right side,1/8 turn R step LF forward,hitch on RF (10.30)
- 5&6& Cross RF over LF,1/8 turn L step LF to left side,1/8 turn R step back on RF hitch on LF (1.30)
- 7&8 Step back on LF,1/8 turn R step RF to right side,step LF forward (3.00)

SEC IV ____ ROCK SIDE, CROSS, ROCK FORWARD, 1/2 TURN R, LOCK SHUFFLE

- 1&2 Rock RF to right side, recover on LF, Cross RF over LF
- 2&4 Rock LF to left side, recover on RF,cross LF over RF
- 5&6 Rock RF forward, recover on LF, 1/2 turn R step RF forward
- 7&8 Step LF forward, step RF behind LF, step RF forward

(Option : FULL TURN R)

Tag After Wall : 9

- 1.2 Touch R toes to the right side and raise right hand
- 3.4 Raise left hand
- 5.6.7.8 Lower both hand





Count: 32