# **Alcohol Free**



Count: 32 Wall: 4 Level: Improver

Choreographer: Hyeon Gyeong Jang (KOR) - June 2021

Music: Alcohol-Free - TWICE

Start : 16 Count



# Section 1: (Side, Together, Side, Bump, Bump) x2 1-2 step right to side, step left together 3&4 step right to side, left hip, right hip 5-6 step left to side, step right together 7&8 step left to side, right hip, left hip

### Section 2: Side Point with Hips Lifted & Dropped, Behind, Side, Cross, Hitch, Side, Together, Hitch, Side,

**Together** 

point right toes to right side as lifting hips up, drop hips down, lift hips up

3&4 cross right behind left, step left to left, cross right over left

5&6 left hitch, step left to left, step right together

\*Arms

\*5 both hands above your knees

## \*&6 right hand next to right waist, left hand next to left waist

7&8 right hitch, step right to right, step left together

\*Arms

\*7 both hands above your knees

\*&8 right hand next to right waist, left hand next to left waist

#### Section 3: (Walk, Together, Back, Together) x2, K step

1&2& step right forward with body roll, step left together, step right back with body roll, step left

together

3&4& step right forward with body roll, step left together, step right back with body roll, step left

together

\*Arms

1-4 right hand next to right waist, left hand next to left waist

forward right diagonal right, touch left together, back left diagonal right, touch right together back right diagonal right, touch left together, forward left diagonal reft, touch right together

#### Section 4: Vine, Ball touch, Together, Side, Together, Turn 1/4 right shimmy, Shimmy, Down hip, Up hip

1&2& step right to right, cross left behind right ,step right to right, cross left over right

3-4 touch right to right, step right together,

5-6 turn ¼ right stepping right forward Shaking shoulders & hips, step left forward Shaking

shoulders & hips.

7-8 Down hip, Up hip with body roll

#### Smile and enjoy the dance

Contact: nety14@naver.com