Solivita Stomp



Count: 32 Wall: 4 Level: Improver

Choreographer: Gail Smith (USA) - May 2021

Music: I Was On a Boat That Day - Old Dominion



Basic steps will let you choose all kinds of other songs!

INTRO: 32 Counts, begin on vocals

R HEEL, TOGETHER, L HEEL w 1/4 Turn R, R HEEL, TOGETHER, L HEEL TOGETHER

| 1 - | 2 | Tan D had fud | Step R together |
|-----|-----|----------------|-----------------|
| 1 - | . / | lan R neel two | Step R together |

3 - 4 Tap L heel fwd, Swivel L toes to R making 1/4 turn R (weight on L) 9:00

5 - 6 Tap R heel fwd, Step R together7 - 8 Tap L heel fwd, Step L together

R ROCKING CHAIR, STEP, PIVOT 1/2, STEP FWD, HOLD

| 1 - 2 | Rock R fwd, Recover onto L |
|-------|--------------------------------|
| 3 - 4 | Rock R back, Recover onto L |
| 5 - 6 | Step R fwd, Pivot 1/2 L - 3:00 |

7 - 8 Step R fwd, HOLD and snap fingers or clap

L SIDE, ROCK, CROSS, HOLD, R SIDE, ROCK, CROSS, HOLD

| 1 - 2 | Rock L out to side, Recover onto R |
|-------|--|
| 3 - 4 | Step L across R, HOLD and snap fingers or clap |
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5 - 6 Rock R out to side, Recover onto L

7 - 8 Step R across L, HOLD and snap fingers or clap

SIDE TOUCHES, STEP FWD, STOMP, STEP FWD, STOMP UP

| 1 - 2 | Step L to side, Touch R toes next to L foot |
|-------|---|
| 3 - 4 | Step R to side, Touch L toes next to R foot |
| 5 - 6 | Step L fwd, Stomp R (weight on R) |

7 - 8 Step L fwd, Stomp R but pick up your foot (weight on L) ready to start over.

START AGAIN!

This dance was named for my students in the Solivita Retirement Community, in Poinciana, FL.