

# Strip!

Count: 88

Wall: 1

Level: Phrased Intermediate

Choreographer: Brenda Shatto (USA), Monica Bhasin (IND) & I.C.E. (ES) - July 2021

Music: Strip - Lena



Note: A= 40 counts, B= 48 counts, 1 tag, 1 restart

Sequence: A B tag A B B\*restart B (It's a lot simpler than it seems! We promise!)

Intro: 8 counts, 5 seconds

## Part A

[1-8] R side, L close, R forward lock, L side, R close, L extended back lock

1,2 Step R to right, close L to R  
3&4 R forward, L lock behind R, R forward  
5,6 Step L to left, close R to L  
7&8& Step L back, cross R over L, step L back, cross R over L

[9-16] L back, R close, L lock step, R forward, ½ turn left, R cross, shoulder pops LRL

1,2 Step L back, step R next to L  
3&4 Step L forward, R lock behind L, L forward  
5&6 R forward, turn ½ left weight to L, step R forward & slightly across while lifting R shoulder up (6:00)  
8&8& Pop shoulders: L up, R up, L up (opposite shoulder moves downward)

[17-24] L side, R cross, L scissor, R side, L cross, R scissor

1,2 Step L to left, cross R over L  
3&4 Step L to left, close R to L, cross L over R (facing 7:30)  
5,6 Step R to right, cross L over R  
7&8 Step R to right, close L to R, cross R over L (facing 4:30)

[25-32] L ball step, R cross rocking chair, walk around RLR & run LRL to 12:00

&1,2 Small step L, cross rock R, recover L  
3,4 Rock back R, recover L (still facing 4:30)  
5&6 Walk R forward, L forward ⅛ turn left, R forward ⅛ turn left (1:30)  
8&8& Run forward L, R, L with ⅛ turn left (12:00) Counts 5-8& curve to 12:00

[33-40] R cross, L back, R side, L cross, R side rock, L recover, R cross, L side, hold

1234 Cross R over L, step L back, step R to side & slightly back, cross L over R  
&5,6 Rock ball of R to right, recover to L, cross R over L  
7,8 Step L to left, hold

Turning option: (5) turn ¼ left onto L (6) R forward turn ¾ left (7) L to left (12:00) (8) hold

## Part B

[1-8] "C" hip bumps RLR, ¼ turn left & L triple forward, point R, close, point L, L sailor ¼ left

1&2 Step R to right and bump hips up R, bump L, bump down R and pop L knee to left

Optional arm motion on the lyric "Strip": (&) bring R hand to L shoulder (1) bring R hand to R shoulder (2) bring R arm down to right hip. (We affectionately call this our "Just Kidding" part because Brenda sent a video to Monica and when the music started for B, she freestyled this move and said, "Just kidding!" Monica added the move to the dance. :-)

3&4 Turn ¼ left step L forward, lock R behind L, step L forward (9:00)  
5&6 Point R to right, close R to L, point L to left  
7&8 Cross L behind R turning ¼ left, step R to right, step L forward (6:00)

[9-16] R forward, L point, L cross, R back, L to left, heel twists RLR and LRL

1,2 Step R forward, point L to left  
 3&4 Cross L over right, step R back, step L to side  
 5&6 Twist both heels right, left, right  
 7&8 Twist both heels left, right, left (weight ends left)

**[17-24] "C" hip bumps RLR, ¼ turn left & L triple forward, point R, close, point L, L sailor ¼ left**

1&2 Step R to right and bump hips up R, bump L, bump down R and pop L knee to left

**Optional arm motion on the lyric "Strip": (&) bring R hand to L shoulder (1) bring R hand to R shoulder (2) bring R arm down to right hip.**

3&4 Turn ¼ left step L forward, lock R behind L, step L forward (3:00)  
 5&6 Point R to right, close R to L, point L to left  
 7&8 Cross L behind R turning ¼ left, step R to right, step L forward (12:00)

**[25-32] R forward, L point, L cross, R back, L to left, heel twists RLR and LRL**

1,2 Step R forward, point L to left  
 3&4 Cross L over R, step R back, step L to side  
 5&6 Twist both heels right, left, right  
 7&8 Twist both heels left, right, left (weight ends left)

**[33-40] R jazz boxes x2 making ¾ turn right**

1234 Cross R over L, step L back start ⅓ turn right, step R to right, step L forward finish ⅓ turn right (4:00)

**\* RESTART here during 3rd B: complete first jazz box with no turn (stay facing 12:00) then restart with B**

5678 Cross R over L, step L back start ⅓ turn right, step R to right, step L forward finish ⅓ turn right (8:00)

**[41-48] R jazz box ⅓ turn right, R sailor, L behind, R side, L cross**

1234 Cross R over L, step L back start ⅓ turn right, step R to right, step L forward and slightly left to finish ⅓ turn right (12:00)  
 5&6 Cross R behind L, step L to left, step R to right  
 7&8 Cross L behind R, step R to right, cross L over R

**Tag at end of first B: Step touches R and L, heel switches RLR, hitch, heel touch**

1234 Step R to right, touch L next to R, step L to left, touch R next to L  
 5&6& Touch R heel forward, step R next to L, touch L heel forward, step L next to R  
 7&8 Touch R heel forward, hitch R knee, touch R heel down

**Ending: facing 12:00, (1) step R to right and pop L knee, take R hand from L shoulder down to right side (similar to optional arms listed in Part B counts 1&2).**

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