

# Lao A Lao

**COPPER** **NOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: Andrico Yusran (INA) - August 2021

Music: Lao' a Lao' - Prince Royce



Tag : 4 counts after wall 5

Restart : on wall 9 after 16 counts

**\*Start Dance after intro 16 counts\***

## **S1# \*WALK FORWARD - LOCK TOUCH BEHIND - BACK LOCK SHUFFLE - CROSS LOCK\***

1-4 Step R - L - R walk forward , L lock touch behind R  
5-8 L back , R cross back over L , L back , R cross lock touch over L ( weight on L )

## **S2# \*FORWARD - FLICK - BACK - HOOK - FORWARD - PIVOT 1/4 TURN - FORWARD\***

1-4 Step R forward , L heel back up behind R , L back , R heel cross up over L  
5-8 R forward , L forward 1/4 turn to R , R in place , L forward

**\*( Restart here on wall 9 )\***

## **S3# \*FORWARD - PIVOT 1/2 TURN - BACK - HIP BUMP ( R-L ) \***

1-4 Step R forward , L 1/2 turn to R , R back , L touch in place with Bump to L  
5-8 Step L forward , R 1/2 turn to L , L back , R touch in place with Bump to R

## **S4# \*ROCK STEPS with Hips - HIP BUMP\***

1-4 Step R side , L recover , R close beside L , L close touch beside R with bump to L  
5-8 Step L side , R recover , L close beside R , R close touch beside L with bump to R

## **\*TAG 4 COUNTS\***

## **\*SIDE - SIDE TOUCH - TAP IN PLACE - CLOSE ( bump )\***

1-4 R to side , L side touches , L tap in place , R close touch beside L with bump to R

**Dancing With Your Heart**

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