# Mary Ann's Dance

**Count: 32** 

Level: Beginner / Improver

Choreographer: Little Red Hens - September 2021

Music: Sexy and I Know It - LMFAO : (Album: Sorry for the Party Rocking)

## **Dance Information:**

Start at 29 seconds (long intro)- chorus vocals-"girl look at that body"

## VINE RIGHT AND LEFT

- 1-4 Step R to right (1), Step L behind R (2), Step R to right (3), Touch L beside R (4)
- 5-8 Step L to left (5), Step R behind L (6), Step L to left (7) Touch R beside L (8)

## **V STEP**

Step R forward diagonal (9), Step L forward diagonal (10), Step back with R foot (11), Step 9-12 back with L foot, end with feet together (12)

#### CHARLESTON

13-16 Step forward with R (13), Kick L foot out in front (14), Step back on L (15), Touch behind with R toe (16)

## **TRIPLE STEP (R/L)**

- Shuffle forward R, L, R 17&18
- 19&20 Shuffle forward L, R, L

## HALF TURN, STOMPX2

- 1/2 turn counter clockwise R 21-22
- 23-24 Stomp R and L

#### **DIAGONAL HIP GYRATION (Mary Ann's Move)**

- Step forward diagonal R, gyrate hips forward and back (arms bent at elbows following hips), 25-28 step back with feet together
- 29-32 Step forward diagonal L, gyrate hips forward and back (arms bent at elbows following hips), step back with feet together

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