# **High Horse**

**Count: 32** 

Level: Improver

Choreographer: Wendy McLean (CAN) - September 2021

Music: High Horse - Nelly, BRELAND & Blanco Brown



## Walk, Walk, Out, Out, In, In, Hip Roll 1/8, Hip Roll 1/8

- Walk forward right, Walk forward left 12
- &3&4 Step right out, Step left out, Step right in, Step left in
- 56 Step right slightly forward, Roll hips counter clock wise 1/8 left (weight to left)
- 78 Step right slightly forward, Roll hips counter clock wise 1/8 left (weight to left)

## Rock, Recover, Pony Back, Pony Back, Rock Recover

- 12 Rock forward on right, Recover to left
- 3&4 Step back on right, Bounce right hip, Weight on right
- 5&6 Step back on left, Bounce left hip, Weight on left
- 78 Rock back on right, Recover to left

## Step, ¼, Sailor ¼, Wizard Left, Wizard Right

- 12 Step forward on right, Step left 1/4 turn right
- 3&4 Step right slightly behind left, Step left ¼ turn right, Step right slightly forward
- 56& Step left diagonally forward, Slide/step right to left foot, Step left in place
- 78& Step right diagonally forward, Slide/step left to right foot, Step right in place

## Cross Rock, Shuffle ¼, Step ¼, Bump, Bump

- Rock left across right, Recover to right 12
- 3&4 Step left 1/4 left, Step right together, Step left forward
- 56 Step right forward, Pivot 1/4 left (weight to left)
- 78 Bump hips right, Bumps hips left

## Restart Wall 3 - after 8 counts (wall 3 starts @ 6:00, restart facing 3:00)

Restart Wall 6 - after 16 counts ( wall 6 starts @ 9:00, restart facing 6:00)





Wall: 4