# Today (活在當下)

Level: Beginner

Choreographer: Alex Au (HK) - September 2021

Music: Today - The New Christy Minstrels

## Introduction : 12 counts

**Count: 24** 

## Session 1 - STEP POINT, STEP R, PIVOT TURN

- L step fwd with 1/4 turn L, R point side, hold, facing 10:30 1-2-3
- 4-5-63 /8 turn R and R step fwd, L step fwd, ½ pivot turn R on L, R step fwd, facing 9:00

## Session 2 - VINE TO R, VINE TO L AND ½ TURN R

- 1-2-3 L step over R, R step to side, L step behind R
- 4-5-6 R step over L, L step to side, 1/2 pivot R turn on L and R step to side
- \*TAG: At wall 3 do the 3c-tag with 1/4 turn R and restart.

\*3c-tag : L step to side(1), recover on R(2), L tap close to R(3)

## Session 3 - VINE TO R, STEP AND TAP

- 1-2-3 L step over R, R step to side, L step behind R
- 4-5-6 R big step to side, L tap close to R, hold

## Session 4 - 2 WALTZ COUNTER-CLOCKWISE

- 1-2-33 steps (L-R-L) fwd in curve counter-clockwise
- 4-5-63 steps (R-L-R) fwd in curve counter-clockwise, end facing 6:00

### Repeat the dance

After wall 6 do the 3c-tag

Ending : At wall 11, after doing the first 11 counts, step on L and ¼ turn L facing 12:00





**Wall:** 2