# Today (活在當下)



Count: 24 Wall: 2 Level: Beginner

Choreographer: Alex Au (HK) - September 2021

Music: Today - The New Christy Minstrels

Introduction: 12 counts

### Session 1 - STEP POINT, STEP R, PIVOT TURN

1-2-3 L step fwd with ¼ turn L, R point side, hold, facing 10:30

4-5-6 3 /8 turn R and R step fwd, L step fwd, ½ pivot turn R on L, R step fwd, facing 9:00

#### Session 2 - VINE TO R, VINE TO L AND ½ TURN R

1-2-3 L step over R, R step to side, L step behind R

4-5-6 R step over L, L step to side, ½ pivot R turn on L and R step to side

\*TAG: At wall 3 do the 3c-tag with 1/4 turn R and restart.

\*3c-tag: L step to side(1), recover on R(2), L tap close to R(3)

#### Session 3 - VINE TO R, STEP AND TAP

1-2-3 L step over R, R step to side, L step behind R4-5-6 R big step to side, L tap close to R, hold

## Session 4 - 2 WALTZ COUNTER-CLOCKWISE

1-2-3 3 steps (L-R-L) fwd in curve counter-clockwise

4-5-6 3 steps (R-L-R) fwd in curve counter-clockwise, end facing 6:00

#### Repeat the dance

## After wall 6 do the 3c-tag

Ending: At wall 11, after doing the first 11 counts, step on L and 1/4 turn L facing 12:00